

SAINT MARY'S COLLEGE HIGH SCHOOL

ENRICHMENT WEEK 2018

Course Catalog



Original Seal of the Institute of the Christian Brothers -18th Century.

FAITH — SERVICE — COMMUNITY

March 5 – 9

The Origin of the Seal



The above emblem served as the first official seal of the Institute of the Brothers of the Christian Schools in the early 18th century, prior to the adoption of the familiar Signum Fidei, as seen in the Saint Mary's Seal. Although the use of the Magi's star as "the sign of faith" greatly expresses the commitment of the Brothers and the ultimate intent of Lasallian Educational Pedagogy, the image above is a reminder to the Brothers and to all Lasallian Educators of the truly relational nature of their work as educators.

Shown in the seal Saint Joseph, recognizable because he holds the Lily, depicted with Jesus Christ, who is a young boy. John Baptist de La Salle continually reminded the Brothers of the example of Saint Joseph. Catholic Christian tradition speaks of the important role that Joseph played in the life of Jesus. Along with his wife Mary, Joseph served as Jesus' foster-father, raising Jesus to be a man of Faith, and guiding him through his own example of justice and integrity. It is traditionally considered that Joseph also taught Jesus the trade of carpentry, for during the years of his ministry people consider Jesus to be, "the Carpenter's son". Joseph understood that he had a great part in God's work, in raising the boy Jesus; God gave him Jesus so that Joseph might educate him and love him.

These notions are at the heart of everything Lasallian. The Brothers and their partner Lasallian Educators see their relationship with students as one in which God has given these young people to them so that they might educate them and love them. The Brothers and all Lasallian Educators, like Saint Joseph, are called to be an example of integrity and justice, guiding the young people God entrusts to their care, through the challenges of the process of maturity and growth, to a future role in building the Kingdom of God.

The Philosophy of the Enrichment Week Program

Saint John Baptist de La Salle believed that Lasallian Educators are with their students from morning to evening; this meant that the education envisioned would be characterized by a fraternal relationship between teacher and students. The Lasallian Educator is totally immersed in the life of his or her students sharing their interests, their worries, and their hopes. Lasallian Educators are not so much schoolmasters pounding truths into their heads, as they are an older brother and sister who help them to discern within themselves the call of the Spirit, to come to a better understanding of what is real, to recognize their abilities, and thereby to discover progressively their place in the world.

Adapted from "The Declaration"

A part of Saint Mary's mission is to educate the whole person by promoting the intellectual, spiritual, physical, and social development of each student while at the same time creating community. The administration, faculty, and staff are committed to living this commitment to educate the whole person through the curriculum, co-curricular programs, and day-to-day contact with students. Enrichment Week provides an additional means to develop and extend the school's mission. During this week, each student will have an opportunity to choose and participate in a course that is of particular interest to him/her. The curriculum for Enrichment Week is developed by the faculty and contains a mix of academic, travel, career exploration, cultural, and recreational classes.

Participation in Enrichment Week is mandatory for all students, but the choice of specific classes is up to each individual student and his/her family. Since the program is an addition to, rather than a part of the regular curriculum, courses carry fees, which cover the cost of their materials, equipment, and/or transportation.

Please look carefully at the course offerings and make the choices appropriate for your child, paying particular attention to when and where each course meets each day. A lunch fair will be held once the catalog is distributed allowing students the opportunity to learn more about each course. Students will be asked to choose 3 courses and register for those courses within the published timeline. Course rosters will be posted by the beginning of February.

Policies & Procedures

Enrichment Week Courses

All Enrichment Week courses are philosophically based on our Lasallian Educational Outcomes (LEOs). Each course is developed and/or coordinated by a Saint Mary's faculty member. All courses correspond with one or more of the following categories. Students are expected and encouraged to take a course from a different category each year. In this catalog, courses are identified according to a *Course Category* number as indicated below:

1. Educational and/or Career Exploration
2. Cultural Experience
3. Recreation and/or Physical Wellness
4. Service and/or Spirituality

Priority Numbers

Priority numbers are randomly generated and assigned to each student beginning in their freshman year. These numbers are used when scheduling students into their selected courses. Students with lower numbers are more likely to get their first or second choice. Almost every student is enrolled in one of their three choices.

Course Registration

Students will register for Enrichment Week courses online through our Saint Mary's website beginning **Tuesday, December 19**. Registration forms need to be printed out by each student, then signed by a parent/guardian, and returned to homeroom no later than **Wednesday, January 10, 2018**; forms will also be collected during homeroom throughout that week. ***Failure to turn in a signed registration form will result in the student losing their priority number causing them to be scheduled into courses last.***

The Enrichment Week Registration Form is not only used to register the student in a course, but also it serves as the permission slip for the student to participate.

No Repeated Courses

Students are expected to take a different course each year and they are encouraged to take one class from each *Course Category* throughout their four years at Saint Mary's. Students are not allowed to repeat a course unless approved by the course instructor and the Enrichment Week Director prior to registration in the course.

Transportation

Many courses require some off-campus travel. The majority of off-campus travel is usually done via public transportation (BART or bus). Since many students have BART tickets or a bus pass, students are responsible for the costs of local public transportation to course sites, unless otherwise specified in the final course itinerary. Transportation outside of the Bay Area will be incorporated into the course cost and arranged by the school.

Course Itinerary

Every teacher will provide the school and each registered student with a course itinerary. This itinerary will provide day-to-day details, including meeting and departure times, activity schedules, locations for each day, and transportation information.

Enrichment Week Parent Meetings for Overnight Trips & Immersions

Some courses require that a parent/guardian and the student come to the Enrichment Week Parent Meeting to meet the teacher, complete any other required permission forms and obtain insurance/health care information. Some travel courses, and all immersion programs have been sponsoring on-going meetings with students and parents. The required forms for these courses will be completed in one of these sessions. For those enrolled in these courses, the students and their parents will be required to attend the ***Enrichment Week Student & Parent Meeting on Monday, February 12, at 7:00 pm***. This is a mandatory meeting for parents and students. It is important that parents and students attend this meeting so they are able to participate in their overnight/travel course.

Paying for Enrichment Week Courses

For courses under \$300, Saint Mary's will bill families by mail in early February for the full cost of the course. For courses over \$300, the fee will be divided into two installments. The first installment should be mailed in February and the second installment in March. If you receive financial assistance from Saint Mary's or your tuition account is not current, and you plan to take a course over \$1000, prior clearance must be given by the Finance Office. Please contact Mr. Calvin Deng in the Finance Office if you have any questions or concerns regarding clearance or billing. Mr. Deng can be reached via e-mail at cdeng@stmchs.org.

Financial Assistance

There is limited financial assistance available for the *Immersion Programs* only. If you are requesting financial assistance please contact Calvin Deng, Director of Finance via email at cdeng@stmchs.org before the October deadline. *Please note: All financial assistance has been allocated for this Enrichment Week.*

Scholarships & Grants

Students are encouraged to apply for *The Cameron Fuller-Holloway Memorial Fun Fund Grant* ~ details are provided in a separate handout. This is **NOT a needs-based** scholarship – ALL students are welcome to apply.

- Application Due: Friday, January 12
- Awards announced Monday, February 5

***In addition, there are **NEEDS BASED** scholarships available for the following Enrichment Week courses:*

A Little Bit of Everything	Culinary Creations: Cook with Professional Chefs	Culinary School: Kitchen on Fire!
Driver's Education & Training	Enjoy the Good Things in Life	Fear Less/Build More – Makers Week for Girls
Lifeguard Training	Loving Yourself as You Are	Test Prep: SAT Prep

The application is due to Ms. Molinelli by **Wednesday, January 10**. All applications will be reviewed and approved by the Business Office. Please see Ms. Molinelli for more information.

No Refund

Students missing a course or a portion of a course due to an excused or unexcused absence or any tardiness will not be refunded money used to pay for the course. Most courses have required prepayments for materials, supplies, outside instructors, and transportation.

Cancellation of a Course or Increase in Fees

As courses are developed, teachers create a course budget and cost. Sometimes admission fares, transportation, or food costs change from the time the course was developed to the time the course is actually held. If there is an increase in course cost, students will be notified in advance. If a course is cancelled due to lack of enrollment or for another unforeseen reason, students will be offered an opportunity to join another course that has an opening.

Transcripts

Enrichment Week courses will appear on students' transcripts.

All school policies described in the *Student Parent Handbook* are in effect during Enrichment Week.

Please refer to the handbook for details.

Attendance & Tardies

- All school policies regarding attendance and tardiness are in place during Enrichment Week.
- If a student is ill during Enrichment Week, parents need to phone in the absence to the Attendance Hotline (510) 559-6211 in our Main Office. Notes are required when the student returns to school.
- Students are required to complete the course in which they have enrolled. If a student misses a portion of the course because of an excused absence, s/he must make up the hours missed through an individual internship that must be approved by the Enrichment Week Program Director. The internship must be completed before the end of the school year.
- The Enrichment Week Director will handle all unexcused tardies. Students who are off-campus and have unexcused tardies will serve detention by arrangement with the Vice Principal of Student Affairs.
- If a student misses a half-session (over 2 hours) it will be considered a full absence.
- If a student misses a portion of the course due to an unexcused absence, it will be considered truancy; please refer to the Student/Parent Handbook for consequences on truancy.

Behavior Issues during Enrichment Week

- Inappropriate behavior will incur consequences during the Enrichment Week course, as well as disciplinary action at Saint Mary's upon the students' return.
- *On-Campus*: A student who is sent out of class while taking a course on campus is to report to the Main Office. The Enrichment Week Director will determine appropriate disciplinary action.
- *Off-Campus Day Courses*: If a student on an off-campus course is asked to leave for behavioral reasons, the instructor of the course will phone the school and speak to the Vice Principal for him/her to determine whether the student will be picked up by a parent at the course site or the instructor will send the student home after consultation with the student's parents.
- *Off-Campus Overnight and Travel Courses*: All school policies described in the *Student-Parent Handbook* are in effect during Enrichment Week, regardless of where the course is held. At the required parent meeting(s), the faculty member will discuss with parents what the procedure will be if a student needs to be sent home from the activity for his/her behavior. Inappropriate behavior will incur consequences during the Enrichment Week course, as well as disciplinary action at Saint Mary's upon the students' return.

Category	TABLE OF CONTENTS	Project Number	Cost	Page
1	A Little Bit of Everything**	7180	\$200	8
4	All You Can <i>BEAD</i> (Community Service)	7105	\$150	8
1	Amazing Race – East Bay	7130	\$175	8
2	Around the World in 5 Days	7290	\$330	9
3	Bay Area Hiking & Wilderness Adventures	7230	\$125	9
1	California Adventures (Travel)	7410	\$400	9
2	Culinary Creations - Cooking with Professional Chefs**	7219	\$225	10
1	Culinary School: Kitchen on Fire**	7365	\$350	10
1	Driver Education & Training**	7277	\$425	10
1	Enjoy the Good Things in Life**	7185	\$225	10, 11
1	Express Yourself	7270	\$275	11
3	Extreme Sports	7425	\$400	11
1	Fear Less/Build More: A Maker Week for Girls**	7170	\$250	11, 12
3	Fitness, Nutrition & Fun	7145	\$150	12
1	Get your GroupON	7190	\$275	12
4	Giddy Up! (Community Service)	7235	\$125	12, 13
4	Immersion: Venaver - East Bay (Community Service)	7355	\$50	13
2	Joy of Eating	7140	\$150	13
3	Leisure Recreation	7150	\$150	13
1	Lifeguard Training**	7210	\$225	14
2	Los Angeles: Discovering its Cultural Beauty (Travel)	7385	\$825	14
1	Loving Yourself as You Are**	7475	\$175	14
1	Making <i>SENSE</i> of the World	7275	\$400	15
1	Movie-cation and Appreciation	7375	\$50	15
2	National Parks of the Southwest (Travel)	7400	\$650	15
3	NatureBridge in Olympic Park, Washington (Travel)	7173	\$1,300	15, 16
4	Outdoor Education: Cabin Leader at Caritas (Community Service)	7450	\$200	16
4	Outdoor Education: Cabin Leader at Walden West (Community Service)	7115	\$75	16
1	Read Moby Dick in a Week!	7273	\$20	17
3	Skiing & Snowboarding: A Tahoe Adventure (Travel)	7260	\$775	17

Category	TABLE OF CONTENTS	Project Number	Cost	Page
1	Spring Training Baseball in Arizona (Travel)	7320	\$700	17
1	Surfin' & Cruzin' in Santa Cruz (Travel)	7141	\$400	18
1	Target Practice	7300	\$325	18
1	Test Prep: SAT**	7423	\$350	18
1	The Best of the Bay Area	7195	\$300	18
1	Web Design	7192	\$50	19
1	Working with your Hands: Shop Class with Flava!	7345	\$200	19
1	Writers Write	7310	\$50	19
1	Individual Internship Program (IIP)	7332	\$20	20

TRAVEL COURSES *(Registration for Travel Closed as of October 2017)*

4	Immersion: Kenya (cancelled due to political violence)	7105	\$2,500	21
4	Immersion: Memphis	7160	\$950	21
4	Immersion: Oki-Ni-Soo-Ka-Wa - Montana (Blackfeet Reservation)	7200	\$950	21
4	Immersion: Pamilyang Lasalyano - Phillipines	7460	\$2,500	21
2	Israel	7420	\$3,700	22
2	Morocco & Spain	7125	\$3,500	22
2	New Orleans, LA	7350	\$2,000	22
2	New York	7386	\$2,000	22
2	Paris & Normandy	7380	\$3,500	22
2	Peru	7279	\$3,500	23

Enrichment Week Courses

A Little Bit of Everything!

Project Number: 7180

Mrs. Harkness

Cost: \$200 (financial assistance available)

Like a variety of activities for your week? Let's do a little bit of everything! We'll cook and eat delicious food from around the world, improve our physical fitness, volunteer our time at a wonderful child care center and preschool, and enjoy local culture.

Our week's activities may include visits to the Edible School Yard and Chez Panisse Café in Berkeley, a day adventure in San Francisco or beyond, hiking, Zumba aerobics, service at St. Vincent Day Home, delicious lunches at local restaurants, and making and eating our own potstickers at a Chinese restaurant. We'll enjoy the outdoors, indoors and each other's company!

** Scholarship available; application is due by Wednesday, January 10 and is available outside Ms. Molinelli's Office.*

Course Category:	1
Min/Max Enrollment:	8/16
Where and When:	Meet on campus Monday - Friday 9:00 am – 2:00 pm
Meal(s):	Lunch provided
Transportation:	Students provide own BART tickets

All You Can BEAD (Community Service)

Project Number: 7105

Ms. Long

Cost: \$150

Want to do something new and different? Come learn how to make simple, sophisticated beaded jewelry -- some for you, and some to benefit our twin school in Kenya. No experience necessary. You'll learn simple stringing, loom work, and easy beading stitches. Then we'll plan a trunk sale, and send the money to the kids at St. Mary's Boys Secondary School in Kenya.

Fee includes basic materials, field trip to a local craft store, and snacks.

Course Category:	4
Min./Max. Enrollment:	8/24
Where and When:	Meet on campus Monday – Friday 9:00 am – 1:00 pm
Meals:	Students provide own lunch; some snacks provided
Supplies/Materials:	Provided by school
Transportation:	Provided by school

Amazing Race - East Bay

Project Number: 7130

Mr. Bertero & Ms. Graviss

Cost: \$175

Are you looking for a competitive challenge this Enrichment Week? Then **'Team up'** with some classmates and select the **'Amazing Race'**. This course is based off of the popular CBS game show designed for those students looking to be challenged in a competitive yet fun and spirited atmosphere. The race is split into five days of competition, where teams will be required to deduce clues, navigate themselves in unfamiliar areas, interact with local businesses, perform physical and mental challenges, and use public transportation options.

Students will have a daily budget provided for each leg of the race - this will include money for meals and travel necessary to complete that day of competition. Teams will accumulate points at the end of each leg daily and by the final day of the race, the first-place team is determined by points accumulated and will be awarded the **Grand Prize!**

Course Category:	2
Min/Max Enrollment:	12/18
Where and When:	Meet on campus Monday - Friday 9:00 am – 2:00 pm
Meal(s):	Students provide own lunch and snacks
Supplies/Materials:	Comfortable shoes & clothing
Transportation:	Students need to purchase a \$10 BART ticket

Around the World in 5 Days**Project Number: 7290****Ms. Baker****Cost: \$330**

Do you like to travel and explore other cultures? Experience other countries without leaving the Bay Area. This exciting course may feature a culinary walking tour, hiking, biking, and Segway tours of North Beach, the Mission district, Chinatown, and Golden Gate Park. We will sample Italian, Mexican, Chinese, Japanese and Iberian cuisine, see Mission Dolores, enjoy the eccentric markets of Chinatown, and bike across the Golden Gate Bridge—a nearly identical version, the Ponte 25 de Abril, spans the Tagus river in Portugal! Each day we will travel to a new neighborhood and enjoy the cultural diversity that connects our region with the world. Bring your appetite for adventure; be a part of Around the World in 5 Days!

Course Category: 2
Min/Max Enrollment: 8/16
Where and When: Meet at North Berkeley BART Monday – Friday 9:00 am – 2:00 pm
Meal(s): Some meals provided
Transportation: Students provide own BART, Muni & Cable Car tickets

Bay Area Hiking & Wilderness Adventures**Project Number: 7230****Mr. Marks****Cost: \$125**

“Of all the paths you take in life, make sure a few of them are dirt.” - John Muir

Find your path and experience the best of the Bay Area’s wilderness adventures! Hike to a beach, walk a ridge, and climb a mountain all right here in the Bay Area. Our adventures may include Mt. Tamalpais, Mt. Diablo, Point Reyes National Seashore, Big Basin Redwoods State Park, and more. There may also be opportunities for wilderness survival education and water-based exploration in kayaks and canoes. As the legendary naturalist John Muir advises, *“Keep close to Nature’s heart. Break clear away once in a while, and climb a mountain or spend a week in the woods. Wash your spirit clean.”*

Course Category: 3
Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday through Friday, 9:00 am – 3:00 pm (times may vary)
Meal(s): Some meals provided
Supplies/Materials: Wear comfortable clothing and footwear appropriate for hiking
Transportation: Students provide own BART tickets; school vans provided on most days

California Adventures (Travel)**Project Number: 7410****Mr. Riccardi****Cost: \$400**

Come explore the expansive natural beauty and rich cultural history of the California central coast on this California Adventure! Some possible destinations on this adventure include Pt. Reyes National Seashore, Downtown San Francisco, Santa Cruz, Big Sur, Monterrey Bay, Salinas Valley, and Hearst Castle. We will explore wildlife, beaches, boardwalks, cities, castles, and regional cuisines. Let’s hit the road together on this California road trip! New adventures await!

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting on Monday, February 12 at 7 pm

Course Category: 3
Min/Max Enrollment: 8/16
Where and When: Monday/Tuesday on campus 9:00 am-2:00 pm;
 Wednesday- leave school at 9:00 am; Return Friday by 5:00 pm
Meal(s): Some meals provided
Transportation: Students provide own BART tickets; school vans provided on travel days

Culinary Creations - Cooking with Professional Chefs

Project Number: 7219

Mr. Barena

Cost: \$225 (financial assistance available)

Students will be exposed to several cultures through hands-on cooking experiences. The lessons may include the following: a trip to a Napa winery to learn from a graduate from the C.I.A. (Culinary Institute of America), learn the art of French cuisine from a French chef, how to create authentic Chinese pot stickers and/or wontons, a lesson on cooking beef from a Michelin Star chef in San Francisco, and cooking a deluxe Mexican meal. The lessons will include cutting techniques and chef secrets to create a visually stunning dish from scratch. Learn from the professionals to look beyond a recipe and strive to understand the cultural aspect of each country we will be learning about.

** Scholarship available; application is due by Wednesday, January 10 and is available outside Ms. Molinelli's Office.*

Course Category:	2
Min/Max Enrollment:	8/16
Where and When:	Meet on campus Monday - Friday 9:00 am – 2:00 pm
Meal(s):	Most meals included
Transportation:	Students provide own BART tickets; school vans provided on some days

Culinary School: Kitchen on Fire!

Project Number: 7365

Kitchen On Fire Chefs (Ms. Molinelli)

Cost: \$350 (financial assistance available)

Travel the globe through the comfort of the kitchen, in our one of a kind hands-on cooking class series, *How to Cook Like a Chef*. Over the five days, we'll learn the techniques, tricks, and tips that will teach you how to cook beyond the recipe and create your own delicious dishes from scratch, just like professional chefs. We'll explore cuisines from around the world, create meals from breakfast to dessert, and learn about a wide array of ingredients while cooking up a storm!

** Scholarship available; application is due by Tuesday, January 10 and is available outside Ms. Molinelli's Office.*

Course Category:	1
Min/Max Enrollment:	16/24
Where and When:	Meet at Kitchen on Fire Monday – Friday from 10:00 am – 2:00 pm
Meal(s):	Lunch provided
Transportation:	Students provide own transportation to <i>Kitchen on Fire</i> , 1509 Shattuck Ave., Berkeley (next to Chez Panisse)

Driver Education & Training

Project Number: 7277

Safest Way Driving School (Ms. Molinelli)

Cost: \$425 (financial assistance available)

Earn your required Driver Training Hours and your Driver Education together with one course. **Students must be 15 ½ years of age by March 6.** Students will complete the required Drivers Education course during Enrichment Week. Once finished, students can contact Safest Way Driving School to schedule the three required driving sessions. Students need to complete 30 hours seat time in order to pass this class.

** Scholarship available; application is due by Wednesday, January 10 and is available outside Ms. Molinelli's Office.*

Course Category:	1
Min/Max Enrollment:	12/24
Where and When:	Meet on campus Monday – Friday from 9:00 am – 2:30 pm
Meal(s):	Students provide own Lunch
Supplies/Materials:	Provided by Instructor

Enjoy the Good Things in Life

Project Number: 7185

Ms. Jaeger

Cost: \$225 (financial assistance available)

Enjoy a week of music, art, movies, food and friends. Do you like Reggae, Drumming or Zydeco? Ever wonder what Friday nights at the museum are like? Are you ready to chill with friends at a movie with popcorn and pizza? This

week will be spent going to variety of cultural arts activities around the Bay Area. We will hang out with friends, eat popcorn while taking in a matinee movie, visit a music venue to listen to a band, check out some poetry slam, as well as, spend Friday night at the museum and of course, snack on awesome food from the food trucks whenever we can. It's a week packed with activities that will get us out and about during Enrichment Week.

*** Scholarship available; application is due by Wednesday, January 10 and is available outside Ms. Molinelli's Office.**

Course Category: 1
Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday - Friday 9:00 am – 2:00 pm; some evening events TBD
Meal(s): Some meals provided
Transportation: Students provide own BART tickets; we will meet at various BART stations to travel together to some sites; parents will need to pick up students from evening event(s).

Express Yourself

Project Number: 7270

Ms. Paulson

Cost: \$275

Each day is a new adventure - so why not have fun? You'll have the opportunity to creatively and physically express yourself throughout the week. Activities may include cooking (and eating!) in an industrial kitchen, learning how to tag graffiti, ceramic painting, modeling and/or working on a photo shoot, learning the skill of aerial/hoop/trapeze/trampoline, bowling, bocce, and video games. It's a little bit of everything – but a whole lot of fun!

Course Category: 1
Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday – Friday, 9:00 am – 2:00 pm
Meal(s): Some meals provided
Transportation: Students provide own BART tickets; school vans provided on some days

Extreme Sports

Project Number: 7425

Mr. Quach

Cost: \$400

Come and challenge yourself for a week of fun and excitement! This course will include activities that are both individual as well as team sports. Some of the activities may include Go-kart racing, paint ball, indoor sky diving, nighttime zip lining (Saturday night), indoor surfing, other fun & extreme sports. Feeling competitive and ready to take some risks? Then sign up for this course! We may also add a competitive day of service at a site to be determined.

Course Category: 3
Min/Max Enrollment: 16/24
Where and When: Meet on campus Saturday, March 3 at 3pm – 11pm
 Tuesday - Friday 9:00 am – 2:00 pm (times may vary depending on activity)
Meal(s): Students provide own lunch
Transportation: Provided by school – included in course fees

Fear Less/Build More: A Maker Week for Girls

Project Number: 7170

Ms. Gallien

Cost: \$250 (financial assistance available)

Join us at Girls Garage in Berkeley for a week of hands-on activities and powerful conversations about what it's like to be a young woman today! We'll begin the week designing and screen printing one-of-a-kind t-shirts with a message that's unique to you. On Tuesday, you'll head into San Francisco to visit a couple of local organizations that are doing important work to advance the rights and lives of women in the Bay Area and around the world. On Wednesday, you'll learn how to bind books that you can keep or share with friends - perfect for comics, poetry or drawing. On Thursday, you'll learn how to use the tools in our woodshop to build planter boxes in groups that you'll

take back to campus and plant on Friday. You'll leave the week feeling extra proud of the new skills you've learned, and inspired by all of the other young women who join you!

** Scholarship available; application is due by Wednesday, January 10 and is available outside Ms. Molinelli's Office.*

Course Category: 1
Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday - Friday 9:00 am – 2:00 pm
Meal(s): Students provide own lunch Mon-Thurs
Supplies/Materials: Included in course fee
Transportation: Students provide own BART tickets

Fitness, Nutrition & Fun

Project Number: 7145

Mr. Heuer

Cost: \$150

This course is for you if you are someone who:

- Is looking to get in shape but is tired of the same old routine,
- Thinks you don't have time to exercise,
- Is looking to get faster or stronger in your sport,
- Is no longer seeing results with your current training regime,
- Wants to have fun while getting fit.

We'll spend the week learning about alternative ways to get/stay in shape, as well as learn about proper nutrition to fuel your workouts and get healthy. Each day will include a different activity around the Bay, including CrossFit, Hiking, and maybe even some Ninja Warrior training!

Course Category: 3
Min./Max. Enrollment: 8/16
Where and When: Meet on campus Monday – Friday 9:00 am – 2:00 pm
Meal(s): Some meals provided
Supplies/Materials: Comfortable clothing and water bottle
Transportation: Students provide own BART tickets; school vans provided on some days

Get Your GroupON

Project Number: 7190

Ms. Ryan

Cost: \$275

Are you looking for an affordable way to enjoy activities in the bay area? Do you think about saving money and having fun? Well, get your GroupON and come explore the deals and discounts of eating and exploring the bay area. We will shop on Groupon for our daily adventures and the best bay area eateries all at the Groupon discounts. Let's shop, save and have fun. The activities may include sailing, bowling, pottery, theatre, mini go-carting, kayak tour, paintball, biking the Golden Gate Bridge, cooking classes and more.

Course Category: 1
Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday – Friday from 9:00 am – 2:30 pm
Transportation: Students provide own BART tickets; school vans provided on some days

Giddy Up! (Community Service)

Project Number: 7235

Ms. Panlilio

Cost: \$125

If you want a life changing experience, this course is for you! If you like horses and your heart is open to working with kids who have disabilities, then giddy up! This course provides a unique opportunity to work with children who have various physical and/or mental disabilities as well as therapy animals (horses and dogs). We will work at two local

therapeutic horse-riding centers, the Center for Early Intervention on Deafness, take a tour at Guide Dogs for the Blind, and have some play time with students at a local elementary school. We will have the opportunity to go horseback riding with a few brunches thrown in during the week in for good measure!

Course Category: 4
Min/Max Enrollment: 6/8
Where and When: Meet on campus most days 9:00 am – 2:00 pm; times may vary on a few days
9:30 am – 5:30 pm
Meal(s): Some meals provided
Supplies/Materials: Wear comfortable clothes because you will get dirty. Sensible shoes are a must!
Transportation: Provided by school – included in course fees

Immersion: Venaver – East Bay (Community Service)

Project Number: 7355

Mr. Sommers

Cost: \$50

Lasallian schools are places where service to others is a key element. This immersion course challenges students to do just that: learn and serve! Spend your Enrichment Week serving food, helping the elderly and children right here in the East Bay. We will work together building our own community while helping others.

Course Category: 4
Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday - Friday 9:00 am – 3:00 pm
Meal(s): Some meals provided
Supplies/Materials: Journal, pens, camera, simple modes clothing, work shoes
Transportation: Students provide own bus fare/BART tickets

Joy of Eating

Project Number: 7140

Mrs. Wood

Cost: \$150

Spend a week celebrating the great diversity of the Bay Area through food! Each culture shares specific traditions and rituals around food and dining. Sample delicious cuisine from Asia, Africa, Europe, and South America while learning about their specific cultural customs. Open minds and empty stomachs are a must during this weeklong culinary journey that will culminate with the opportunity for a shared meal with all of the most important foods from OUR families – the best kind of potluck!

Course Category: 2
Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday – Friday from 9:00 am – 2:00 pm
Meal(s): Some meals provided
Transportation: Students provide own BART tickets; school vans provided on some days

Leisure Recreation

Project Number: 7150

Ms. McCormick

Cost: \$150

Picture yourself boating on a lake, riding a horse, or taking an aqua-fitness class. These are just a couple of the wonderful activities planned for E-Week. Leisure Recreation will expose you to a variety of activities in the Bay Area that are both athletic and fun, including bowling, ice skating, pee-wee golf, boating and horseback riding. Students should possess an open mind and attitude (as well as the proper clothing), as we attempt new activities that can be done for dates, for exercise, or just plain fun. Beginners are welcome as experience is often the best teacher.

Course Category: 3
Min./Max. Enrollment: 8/16
Where and When: Meet on campus Monday – Friday, 9:00 am – 2:00 pm
Meal(s): Students provide own lunch
Transportation: Students provide own BART tickets; school vans provided on some days

Lifeguard Training

Project Number: 7210

El Cerrito Community Pool Staff (Ms. Molinelli)

Cost: \$225 (financial assistance available)

Interested in becoming a firefighter? EMT? Paramedic? Nurse? It all begins with LIFEGUARD TRAINING! Take lifeguard training and learn to prevent, recognize, and respond to emergencies AND how to provide care for injuries and sudden illnesses. This class culminates in American Red Cross professional certifications: Lifeguarding, Emergency First-Aid, and CPR/AED for Lifeguards. Work as a lifeguard this summer at public swimming pools, private swim clubs, and aquatic parks! Gain essential experience required for a future career in the emergency medical services.

Participants must be 15 years old on or before March 5, 2018 and pass a swimming fitness test on the first day of class.

*** Scholarship available; application is due by Wednesday, January 10 and is available outside Ms. Molinelli's Office.**

Course Category:	1
Min/Max Enrollment:	4/12
Where and When:	Meet at El Cerrito Community Pool Monday – Friday from 9:00 am – 3:00 pm
Meal(s):	Students provide own lunch
Supplies/Materials:	Casual clothing, swimwear and a towel
Transportation:	Students provide own transportation to <i>El Cerrito Community Pool</i> : 7007 Moeser Lane, El Cerrito

Los Angeles: Discovering Its Cultural Beauty (Travel)

Project Number: 7385

Mrs. Walton

Cost: \$825

When you think of LA you probably envision Hollywood, movie stars and their beautiful beaches. What you may not know is that Los Angeles undeniably has a culture all it's own. Each day we will explore some of the city's most popular and maybe surprising cultural destinations. We will spend some time at Venice Beach taking in street shows, local food and, of course, the waves; enjoy the shops and amazing food on Olivera Street; examine racism and prejudice around the world at the Museum of Tolerance; get up close and personal with the Hollywood sign with a horseback ride through the Hollywood Hills; AND the trip would not be complete without a visit to local universities. Come and explore the amazing culture of LA with us!

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting on Monday, February 12 at 7 pm

Course Category:	2
Min/Max Enrollment:	8/16
Where and When:	Leave from Oakland Airport on Sunday morning, March 4 and return Thursday evening, March 8 – times TBD
Meal(s):	Most meals included
Transportation:	Arranged by instructor

Loving Yourself as You Are

Project Number: 7475

Mrs. Kelly

Cost: \$175 (financial assistance available)

Celebrate the inner and outer attributes of all distinct shades of beauty. This introspective course shines a loving light on organic wellness, self-image, highlighting natural hair and the wonderfully wide range of stunning skin tones and sizes we all come in, and "living from the level of your soul in the online world". In this course, you can embody what it means to say, "This is me, authentically... and this is my world." We will mingle with wellness experts at a local yoga studio, tap in with acclaimed natural beauty artists, and capture invaluable moments with a creative photo shoot.

*** Scholarship available; application is due by Wednesday, January 10 and is available outside Ms. Molinelli's Office.**

Course Category:	1
Min./Max. Enrollment:	8/16
Where and When:	Meet on campus Monday – Friday, 9:00 am – 2:00 pm
Meal(s):	Some meals provided
Transportation:	Students provide own BART tickets; school vans provided on some days

Making *SENSE* of the World**Project Number: 7275****Ms. Duffala & Ms. Williams****Cost: \$400**

Your body does some amazing things, so why not put it to the test? Our five senses—sight, hearing, touch, taste and smell—seem to operate independently but if you take a closer “look” you’ll “see” and “feel” your senses operate together. Spend the week exploring these through various activities which may include: cooking classes, the Color Factory, Museum of Ice Cream, a trampoline park, escape rooms and much more. Come join us for a week filled with fun and adventure.

Course Category: 1
Min./Max. Enrollment: 8/24
Where and When: Meet on campus Monday – Friday, 9:00 am – 2:00 pm, in Room 510
Meal(s): Students provide own lunch
Transportation: Students provide own BART tickets; school vans provided on some days

Movie-cation & Appreciation**Project Number: 7375****Ms. Libby****Cost: \$50**

Need a movie-cation, a movie education? This Enrichment Week activity will explore films in multiple genres, such as drama, comedy, and action. We will have conversations about the impact of the films, the making of movies, and storytelling itself. Lots of snacks will be provided as we watch and critique one to two movies a day. We will likely attend at least one off-campus viewing. Movie ratings will vary; parent permission will be required prior to viewing for movies rated “NR” or “R.”

Course Category: 2
Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday – Friday 10:00 am – 2:00 pm; *Possible evening off-campus meeting – date(s) TBD*
Meal(s): Bring lunch money or lunch daily, snacks provided.

National Parks of the Southwest (Travel)**Project Number: 7400****Dr. Wesley****Cost: \$650**

If you like to hike and camp and love amazing scenery then join us as we explore the wild and varied National Parks of the Southwest. Our journey will begin in the basin and range country of Death Valley National Park. Next, we will explore the spectacular canyons of Zion and Bryce Canyon National Parks. We will make a quick stop for lunch and a hike at Red Rock Canyon as we make our way down to the Mojave and Sonora Deserts and explore Joshua Tree National Park. As we wind our way home our last stop will be the spectacular forests of Sequoia and Kings Canyon National Park. Bring your hiking boots and your camping gear and get ready to explore!

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting on Monday, February 12 at 7 pm

Course Category: 2
Min/Max Enrollment: 8/16
Where and When: Leave Friday, March 2 at 8:00 am from Saint Mary’s and return Saturday, March 9 at approximately 7:00 pm
Meal(s): Most meals provided
Transportation: Provided by school – included in course fees

NatureBridge in Olympic Park, Washington (Travel)**Project Number: 7173****Mr. Davis & Ms. Foster****Cost: \$1,300**

This nationally recognized program of field science takes students to the heart of some of our nation’s favorite National Parks. The program began in Yosemite National Park and has spread nationally to provide student access and instruction in multiple locations. Students do not need to camp or cook in campsites as the program uses the park’s lodging in heated cabins and cafeteria system to feed and house participants during the six day sessions. During Enrichment Week, students will explore NatureBridge’s campus on Lake Crescent.

This is a six-day, five-night program to the Olympic Peninsula of Washington. The environmental education available covers a range of habitats from the seashore and tide pool exploration to rain forest investigations to a variety of

inland evergreen habitats and may even include snowshoeing up on Hurricane Ridge. The actual decisions about the areas to be visited will be made by the group as a whole once all the participants are known. NatureBridge feeds and houses participants in their new facility, the historic Rosemary Inn on Lake Crescent. We will travel to the park from the Bay Area via a combination of methods: airplane to the Seattle-Tacoma Airport, van to the ferry, the ferry between Edmonds and Kingston, and a van again to the middle of the park.

Participants can come from any grade level and need no previous experience. Students must be willing to take part in all the group activities. The cost of the trip includes all meals and transportation in the Northwest. Some additional money will be necessary for personal expenses. Clothing and equipment will be discussed in meetings prior to leaving.

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting on Monday, February 12 at 7 pm

Course Category: 3
Min/Max Enrollment: 7/9
Where and When: Leave Sunday, March 4 from Oakland airport; arrive home Friday, March 9
Meal(s): All Provided
Supplies/Materials: List provided by instructor
Transportation: Provided by school – included in course fees

Outdoor Education: Cabin Leader at Caritas (Community Service)

Project Number: 7450

Caritas Staff (Ms. Molinelli)

Cost: \$200

CYO Caritas Creek is an environmental education program that stresses direct and active learning in nature, community building, and social and spiritual growth. Volunteers will be responsible for being cabin counselors to eight elementary-age students and an assistant to a teacher/naturalist during the daytime hikes.

Volunteers will develop leadership and childcare skills. This is a fun way to get to know others, help elementary-age students, and enjoy nature.

Mandatory Orientation scheduled for Wednesday, February 7 from 2:45 pm – 4:30 pm.

Course Category: 4
Min/Max Enrollment: 12 (Open to sophomores, juniors and seniors only)
Where and When: Leave Saint Mary's Monday at 9:00 am and return Friday by 3:00 pm
Meal(s): All meals provided
Supplies/Materials: List provided at meeting prior to departure
Transportation: Provided by CYO

Outdoor Education: Cabin Leader at Walden West (Community Service)

Project Number: 7115

Walden West Staff (Ms. Molinelli)

Cost: \$75

The Walden West science program is an outdoor school program designed for fifth and sixth graders. Each session spans five days and four nights during which students, accompanied by classroom teachers, live and learn in an outdoor environment. The program is operated on the premise that students learn best through hands-on activities. Lessons in the natural sciences are brought to life with the hope that through education, students will develop an understanding and sense of appreciation for the environment. The Walden West science program emphasizes learning by doing. Students are immersed in activities that stimulate their interest in science and the outdoors.

As a volunteer, you will be responsible for being cabin counselors to eight elementary-age students and an assistant to a teacher/naturalist during the daytime hikes. In addition, you will develop leadership and childcare skills. This is a fun way to get to know others, help elementary-age students, and enjoy nature. Students will need to arrive by Sunday, March 4 at 1:00 pm to attend a mandatory training session.

Course Category: 4
Min/Max Enrollment: 8/16 (Open to sophomores, juniors and seniors only)
Where and When: Meet on campus Sunday at 11:00 am and return Friday by 3:00 pm
Meal(s): All meals provided
Supplies/Materials: List provided at meeting prior to departure
Transportation: Provided by school – included in course fees

Read Moby Dick in a Week!**Project Number: 7273****Mr. Thomas****Cost: \$20**

Come join the crew of the Pequod for Enrichment Week with the obsessive librarian, Mr. Thomas who seeks revenge upon Moby-dick, a book he never finished reading. "We will read aloud all of Moby-Dick! All 206,052 words of him! Whosoever of ye reads me a white-whale book with a wrinkled cover and a crooked spine; whosoever of ye reads me that many paged whale book, with three holes punctured in his starboard fluke -- look ye, whosoever of ye reads me that same white whale book, they shall have this Enrichment Week Course!" We will set out on our gathered-reading literary voyage each morning at 9am in the library. We will break for lunch at noon and begin reading aloud again until 3pm. It will be an arduous, tempestuous, SAT-improving, and dramatic reading but for those proud few who join me, all of Moby-Dick will be read aloud. Few readers in the world can honestly claim this victory! "I think ye do look brave."

Course Category: 1
 Min/Max Enrollment: 8/16
 Where and When: Meet on campus Monday-Friday 9:00 am – 3:00 pm
 Meal(s): Students should bring their own lunch Monday-Thursday; lunch provided Friday; oranges will be provided to prevent scurvy
 Supplies/Materials: 1 copy of Moby-Dick and 1 harpoon will be provided by the instructor; students provide own imaginations

Skiing & Snowboarding: A Tahoe Adventure (Travel)**Project Number: 7260****Mr. Rubey****Cost: \$775**

For beginners to expert skiers! Join us for a week of skiing and snowboarding at Sugarbowl in Tahoe. We'll stay from Sunday-Thursday at Clair Tapaan Lodge, a classic Tahoe lodge built in the '30s by Sierra Club members. During our stay we will contribute to the legacy of Sierra Club volunteers by helping with a project to improve or restore the lodge. Our week will be enriched by learning about Tahoe area history, geology, and climate. Topics may include: the tragedy of the Donner party, the last leg of the transcontinental railroad, the last ice age, what the presence of coal dust from China in Sierra snow tells us about climate change, the Squaw Valley Winter Olympics.

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting Monday, February 13 at 7 pm.

Course Category: 3
 Min./Max. Enrollment: 8/16
 Where and When: Meet on campus Sunday, March 4 at 8:00 am and return Thursday, March 8 by 8:00 pm
 Meal(s): Most meals provided
 Supplies/Materials: Ski and/or snowboard equipment NOT included in course costs; it is recommended that beginners take an introductory lesson on the 1st day
 Transportation: Provided by school – included in course fees

Spring Training Baseball in Arizona (Travel)**Project Number: 7320****Mr. Mohun****Cost: \$700**

Baseball at its best! We will travel to Arizona to watch our very own Bay Area teams, the Giants and A's, during the annual baseball ritual of Spring Training. We will be visiting several Cactus League parks to watch the games. In addition, we will explore the campus of ASU and visit other cultural exhibits in the Phoenix/Tempe area, as well as a visit to Rawhide, an old western town.

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting Monday, February 12 at 7 pm

Course Category: 1
 Min/Max Enrollment: 8/12
 Where and When: Sunday, March 4 – Wednesday, March 7
 Meal(s): Some meals provided
 Supplies/Materials: Packing list will be provided prior to departure
 Transportation: Provided by school – included in course fees

Surfin' & Cruizin' in the Cruz (Travel)**Project Number: 7141****Mr. Nguyen****Cost: \$400**

Haven't you ever wanted to learn how to surf? Well, now you can! Culminating in days of surfing lessons from Club Ed school at the historic Cowell Beach, our week will involve exploring the Santa Cruz Bay surf from many levels – above and maybe even below! We'll visit UCSC, hike along the serene redwoods and visit the Santa Cruz Beach Boardwalk. Surfs Up!

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting Monday, February 13 at 7 pm.

Course Category: 1
 Min/Max Enrollment: 8/16
 Where and When: Monday, March 5 – Thursday, March 8
 Meal(s): Some meals provided
 Transportation: Provided by school – included in course fees

Target Practice**Project Number: 7300****Ms. McManus****Cost: \$325**

This course will give students the opportunity to develop skills such as concentration and consistency related to target shooting activities. We will begin with a service activity centered on preventing gun violence followed by four days of target shooting activities such as archery, skeet shooting, paint ball, darts, laser tag, etc. Students will learn appropriate safety measures for each sport and have a chance to develop their skills in the sport. How good of a shot are you? Let's find out in Target Practice!

Course Category: 1
 Min/Max Enrollment: 8/16
 Where and When: Meet on campus Monday – Friday, 9:00 am – 2:00 pm
 Meal(s): Some meals provided
 Transportation: Provided by school – included in course fees

Test Prep: SAT**Project Number: 7423****Test Prep Instructor (Ms. Ryan)****Cost: \$350 (financial assistance available)**

Saint Mary's has partnered with Compass Education Group to offer students an outstanding preparation program for the SAT at an incredible value. Classes will prepare student for the SAT by drilling down into the critical reading, writing, and math portions of the exam. They will also be provided with targeted feedback and coaching that will help them to handle test pacing and structural hurdles. Students will receive comprehensive study materials, homework assignments, and a battery of proctored practice tests to track achievement.

** Scholarship available; application is due by Wednesday, January 10 and is available outside Ms. Molinelli's Office.*

Course Category: 1
 Min/Max Enrollment: 10/20
 Where and When: Meet on campus Monday – Friday, 9:00 am – 1:00 pm
 Meal(s): Students provide own lunch
 Supplies/Material: Notebook, pencil, pen, and calculator

The Best of the Bay Area**Project Number: 7195****Mr. Lawson & Ms. Holtzinger****Cost: \$300**

Go beyond what you know and are familiar with and experience what the Bay Area has to offer. Activities will take us to Occidental for zip-lining, Fairfield for go-kart racing, rock climbing in Berkeley; in addition, we will go to a

theatrical performance on one of the days. Naturally, we will also eat our way through the Bay Area by enjoying some local Ethiopian food, Indian food and more. So, grab a friend and join us as we explore new places by the bay.

Course/Category: 2
Min/Max Enrollment: 8/24
Where and When: Meet on campus Monday – Friday, 9:00 am – 2:00 pm; date/time of the theater performance TBD
Meal(s): Most meals provided
Transportation: Provided by school – included in course fees

Web Design**Project Number: 7192****Mr. Molnar****Cost: \$50**

Have you ever wanted to try your hand at creating your own web pages... from scratch? This Enrichment Week course will introduce you to the basics of doing just that. We'll look at understanding how the web works, what the browser does, how to create content for a web page using the Hypertext Markup Language (HTML), and how to link pages together to make a web site. In addition to HTML, we'll look at Cascading Style Sheets, also known as CSS, to give our pages some style, and a little bit of JavaScript to make our pages interactive.

Course Category: 1
Min/Max Enrollment: 8/16
When and Where: Meet on campus Monday – Friday from 9:00 am – 2:00 pm
Meal(s): Some meals provided

Working with your Hands: Shop Class with Flava!**Project Number: 7345****Mr. Sutphin & Mr. Mihaly****Cost: \$200**

The thing that really made America great is that we knew how to build things—with big, powerful tools. These skills have been lost as we've shifted to the so-called knowledge economy. If you want a basic education on how things work, or if you want to learn how to use powerful tools, like table saws and worm saws, drills, and welders, then this class is for you. Learn the basics of electrical-, wood-, and metal-work. In addition to introducing students to basic shop skills, students will put this new knowledge to work to build custom scraper bikes with giant sounds systems and fresh style. At the end of the week, these scraper bikes will put to the test as we go cruisin' through Berkeley on our newly created, super-fresh rides.

Course Category: 1
Min/Max Enrollment: 16/24
Where and When: Meet on campus Monday – Friday, 9:30 am – 2:00 pm
Meal(s): Most meals provided
Supplies/Material: Supplied by instructors

Writers Write**Project Number: 7310****Ms. Mahoney****Cost: \$50**

Establish a daily writing practice and unlock ideas you didn't even know you had. Each day we will begin on campus with a writing prompt and sharing for positive feedback followed by an off-campus activity to fuel our creative efforts. We will also devote some time to reading about writing, reading good writing, and exploring publication options. Excursions will include an art museum/gallery visit, writing-based service, poetry/literary readings, and more. Come and write with us, get addicted to writing something each and every day and learn how a writer's community can help you break through the barriers that block your productivity.

Course Category: 1
Min/Max Enrollment: 8/16
When and Where: Meet on campus Monday – Friday, 9:00 am. Dismissal from various locations at approximately 2:00 pm
Meal(s): Students bring own lunch or money for lunch; Some meals provided
Supplies: Pencil or pen, paper or notebook, iPad
Transportation: Students provide own BART and/or bus tickets

Individual Internship Program (IIP)

Individual Internship Program (IIP)

Project Number: 7332

Ms. Molinelli

Cost: \$20

IIP's are available to upper-division students (lower-division students only in exceptional circumstances) who want to create their own projects in order to explore a subject area or an interest that falls into one or more of the categories of all Enrichment Week courses:

1. College Visits (Juniors only)
2. Career Exploration
3. Service Learning and/or Spirituality

Students have the opportunity to develop something challenging, interesting, and rewarding. Be creative! Be productive! Spend the week making a difference in our community by volunteering or explore possible career opportunities. Combining two areas can also lead to very interesting programs. Juniors are encouraged to use the IIP opportunity to explore various campuses. Projects must involve a minimum of 25 hours of work, activity, etc., and a written and a visual assignment will be required. Details will be provided. Mandatory meetings are required. There is a \$20 processing fee for all IIP's.

Travel Courses

(Registration closed for these courses in October 2017)

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting on Monday, February 12 at 7 pm

Immersion: Kenya (cancelled due to political violence)

Project Number: 7105

Ms. Long & Mr. Thomas

Cost: \$2,500

Jambo St. Mary's is an immersion trip to introduce our students to the greater Lasallian Family by being with the community at our twin school, St. Mary's Boys Secondary School and Child Rescue Centre in Nyeri, Kenya. As part of the trip, students will be introduced to the culture of St. Mary's, which serves 700 young men and boys through three services: traditional high school, vocational training institute, and a child rescue centre for boys from the slums of Majengo, in Nairobi. As part of the immersion program, students will focus on four areas of personal development: faith, social justice, service, and reflection. The students will also be given an opportunity to begin to establish relationships with the boys at St. Mary's. The group will stay on that campus and will directly engage in service projects and activities in and out of classes.

Immersion: Memphis – Civil Rights

Project Number: 7160

Mr. Banks

Cost: \$950

This immersion to Memphis is centered on the issue of Civil Rights will give the participants a chance to experience the history and modern-day repercussions of the issue. Because of its location in the South, Memphis was the home of many influential moments of the Civil Rights movement, including the Sanitation Strike of 1968, Martin Luther King's assassination and the development of soul music with the collaboration of black and white musicians. Not only does this trip offer great insights into the Civil Rights issues, but Memphis provides the chance to connect to the Lasallian Family, with schools ranging from grade school to college (De La Salle at Blessed Sacrament grade school, Christian Brothers High School, and Christian Brothers University). Participants will serve at Blessed Sacrament, a Jubilee school, meet and collaborate with students at Christian Brothers High School, and tour and meet the Brothers at Christian Brothers University.

Immersion: Oki-Ni-Soo-Ka-Wa (Blackfeet Reservation, MT)

Project Number: 7200

Mr. Forte

Cost: \$950

Students from grades 10-12 have the opportunity to travel to Browning, Montana to participate in an educational-service and cultural immersion on the Blackfeet Indian Reservation. While in Montana, students will work with elementary students at De La Salle Blackfeet School, and learn from the elders of the community. Participating students will prepare lessons for the school-age groups, which could include science, art, and/or history activities. As part of the immersion program, students will focus on four areas of personal development: faith, social justice, service, and reflection. To prepare for the immersion experience, students will study aspects of Blackfeet culture through readings, videos, and discussions. Upon return from the experience, there will be follow-up meetings to share the experience with the Saint Mary's community.

Immersion: Phillipines – Pamilya Lasallayano

Project Number: 7460

Brother David & Ms. Canga

Cost: \$2,500

Halika at tignan mo! The Lasallian Family is a wide group of Brothers, educators, and students whose mission is to change the lives of young people, especially the poor. This experience is much more than a cultural experience for we will be engaging in direct service with different school communities in the Philippines, including Jaime Hilario Integrated School (Bagac, Bataan), La Salle Green Hills (Mandaluyong City, Metro Manila), and De La Salle Santiago Zobel (Muntinlupa, Metro Manila). Students will hear the history of the Filipino people from their own perspective, a people of warmth, hospitality, faith, and strength.

Israel**Project Number: 7420****Mr. Palladino****Cost: \$3,700**

Join us on an adventure to one of the most interesting places on earth, Israel. By interacting with a complex geopolitical issue, Saint Mary's students will learn how to develop a critical, empathetic perspective on a very important global issue. The group will stay in Jerusalem and go to many holy sites including visits to Masada, the Church of the Holy Sepulchre, Bethlehem University, and much more.

Morocco and Spain**Project Number: 7125****Dr. Imperial****Cost: \$3,500**

Morocco. Iberia. The names evoke mystery, history, adventure, and the exotic. Morocco is simultaneously modern & ancient, familiar & foreign, and it possesses a unique place in history. A mere eight nautical miles north is Iberia, a peninsula Americans only think they understand. These peoples-- their languages, food, & cultures--are mingled, yet distinct. Walk the crossroads of East & West, Africa & Europe, the edges the Roman Empire & the Umayyad Khalifate. Explore ruins to spark your imagination; ride a camel in the Atlas Mountains; visit mountain refuges for Spain's exiled Jews; feel Islam, a great, misunderstood religion; study Morocco, the hope of secular modernists of the Middle World. Uncover the Moorish, Jewish, and Christian layers of ancient Seville. Explore Madrid, the center of the once-mighty Spanish Hapsburg Empire.

New Orleans, LA**Project Number: 7350****Dr. Mullane & Mr. Filson****Cost: \$2,000**

Take a ride on a streetcar named Desire! Spend five days in The Big Easy soaking up New Orleanian culture. We will tour the French Quarter, ride through alligator-infested swamps and bayous, go on a vampire tour at night, eat Cajun and Creole cuisine, and listen to the sounds of live Jazz. See Audubon Park, Tulane and Loyola Universities, and some of the most fabulous architecture in the South while strolling through New Orleans' renowned Garden District. Come and see one of America's oldest and most fascinating cities. Visiting the city that care forgot will be an experience you definitely will not.

New York**Project Number: 7386****Ms. Gonzales & Mr. Kelly****Cost: \$2,000**

Take a Bite Out of the Big Apple! Come and explore the city that never sleeps. With a diverse list of activities that include learning about immigration at the Statue of Liberty, strolling through Central Park, paying our respects at the 911 memorial, window shopping in SOHO, touring Madison Square Garden, eating real NY pizza and bagels, watching Broadway productions, visiting the Bull on Wall Street, walking over the Brooklyn Bridge, skating at Rockefeller Center, getting on camera during Good Morning America and MORE... we will experience and educate ourselves on the culture, history, sports and food that make NYC an iconic destination where dreams come true.

Paris and Normandy**Project Number: 7380****Mr. Rogers****Cost: \$3,500**

On this cultural and historical exploration of the "City of Light", we'll admire paintings and world famous art at the Louvre, listen to the bells of Notre Dame chime, enjoy a boat cruise on the Seine, stroll in the gorgeous Jardin du Luxembourg, and bite into our first Nutella banana crêpe. Come, with many of your friends and classmates, as we enjoy Paris from the top of the Eiffel Tower, the Latin Quarter and all places in between.

Our group will also tour the famed Normandy coastline, where we'll visit the famed American Cemetery and Memorial, the beaches of the D-Day invasion, and German fortifications on Ponte du Hoc. This WWII expedition will include a visit to the French Resistance museum in Paris.

Dr. Troyani & Mr. Figueroa

Cost: \$3,500

Our trip to Peru will foster opportunities to connect with some of the UNESCO World Heritage Sites and rich cultures of South America not previously explored during Enrichment Week. Destinations will include Lima, Cusco, and Machu Picchu, one of the seven wonders of the modern world! Our adventures will provide a wealth of pre-Columbian historical as well as contemporary context for topics integral to AP World History, Latin American History, and all levels of Spanish Language and Culture.



Cameron flexing his muscles in Biology.

THE CAMERON FULLER-HOLLOWAY MEMORIAL FUN FUND GRANTS

The purpose of The Cameron Fun Fund Grant is to assist students with the cost of their Enrichment Week courses and expenses.

You have to know something about Cameron in order to apply: Cameron Fuller-Holloway was a young man who touched the lives of everyone he encountered, no matter how brief or extensive the meeting. Cameron or Cam, as he was affectionately called by friends and family, was a rambunctious, caring, and fun individual who always kept an open mind and heart.

Cameron Fuller-Holloway attended Saint Mary's his sophomore year (2001-2002). He died unexpectedly in 2012 from an undetected heart disease. Cameron's father, David Lewis, an alumnus of Saint Mary's, and his mother, Melody Fuller-Lewis, who was the Parent Association Chairperson for the Mother-Son Dance, have chosen to honor Cameron's memory by making these awards.

Since Cam was all about his friends and the fun, it is in his memory that they would like to honor you, the students of Saint Mary's College High School with an opportunity to earn a grant in his name to be used towards your annual Enrichment Week activities. Cam was all about having fun while handling his business and they want to pass that along to you!

How to Apply:

- Send your submission to: Starwriter1@msn.com, by **Friday, January 12, 2018**.
- Put **Cameron Fun Fund** in the subject line.
- Include your grade, name, and a telephone number should we have questions.
- Please send from your *smpanthers* email account.

The application process is simple. Cam would want it that way. Send us a little bit of information about yourself and why you think you are a candidate to be awarded a Cameron Fun Fund Grant for the 2018 Enrichment Week.

Selection Criteria:

Write as if you were talking with a peer or friend about your plans for Enrichment Week. Be light, personal, and persuasive in your conversation about why this grant would be good for you. Include your Enrichment Week course selection. Remember though, good writing is imperative. Make sure to proof-read your submission and correct all grammar, spelling and sentence structure before submitting.

Awards are based on candor and sincerity. Please note that these awards are *NOT* need based; therefore, everyone is encouraged to apply. We are looking for students who see some of Cam in them. You can be a successful or somewhat struggling student. Make sure we see the fun in you. A small committee of Cam's friends who are Saint Mary's Alums and Cam's parents will evaluate your submission.

Your submission will be evaluated for:

- High energy, your interpersonal skills, and the ability to demonstrate creative written engagement
- Strength of Enrichment Week purpose
- Commitment to friends and fun while acquiring knowledge and life experience

Cameron Memorial Fun Fund & Amount of Awards:

We will make ten awards. The amounts will range from a minimum of \$50 to a maximum of \$200. Awards will be announced on Monday, February 5, 2018.

ENRICHMENT WEEK IMPORTANT DATES

September 12	Overnight Trips "Lunch Fair"
September 18	Parent & Student Information Evening for Overnight Trips
December 15	Catalog distributed to students via email
December 19	"Lunch Fair" – Learn more about each course
December 19 - January 9	Enrichment Week Online Registration
January 9	Last date to complete the Online Registration
January 10	Signed Registration form due to Homeroom Teachers
January 10	Request for Financial Assistance Application Due (Applications outside Ms. Molinelli's Office)
January 12	Cam's Fun Fund Grant Due (Flyers available outside Ms. Molinelli's Office and included on page 26)
February 9	Enrichment Week Rosters posted – hopefully!!!
February 12	Immersion & Overnight Trip Meeting for Parents & Students
February 21	EW Course Meetings during A-Block <i>Mandatory for students!</i>
March 5-9	Enrichment Week

Student Course Selection Planner & Worksheet

All Enrichment Week courses correspond with one or more of the following categories. Students are expected to take a course from a different category each year. In this catalog, courses are identified according to a category number as indicated below:

1. Educational and/or Career Exploration
2. Cultural Experience
3. Recreation and/or Physical Wellness
4. Service Learning and/or Spirituality

Sophomores, Juniors and Seniors, fill out the following information from previous years. It will help you to determine which category you may need to explore and/or investigate during Enrichment Week this year. It is also an opportunity for you to create a plan for your future Enrichment Weeks.

Freshmen, please use this planner to project what you would like to sign up for *this year* and plan **your future years** for Enrichment Week.

Freshman:

_____	_____
Category Number	Course Name

Sophomore:

_____	_____
Category Number	Course Name

Junior:

_____	_____
Category Number	Course Name

Senior:

_____	_____
Category Number	Course Name

My choices for this year:

1st choice: _____

2nd choice: _____

3rd choice: _____

Notes:



Mission Statement

As a Christ-centered community striving to live the mission of Saint John Baptist de La Salle, Saint Mary's College High School is a Catholic school where diversity and inclusion are essential and quality education is our active ministry.

With community support and faith grounded in love, Saint Mary's students pursue a life of virtue and scholarship that extends beyond the completion of a college preparatory curriculum to assuming societal roles of responsibility and service.



Lasallian Educational Outcomes (LEOs)

A Saint Mary's College High School graduate...

Spiritual: engages life consciously and acquires a Catholic and Lasallian worldview inspired by the Gospel, the teachings of the Catholic Church, and the mission of Saint John Baptist de La Salle.

Physical: demonstrates respect for truth and goodness of God's universe

Emphasis: • *Acquiring scientific knowledge and method* • *Concern for the environment, health and fitness* • *Participation in athletics and dance* • *Relating to the materials of artistic expression*

Emotional: responds positively to the creative potential of emotion

Emphasis: • *Skillful, authentic expression in the arts* • *Coping with adversity and prosperity* • *Developing empathy* • *Setting goals, realizing hope*

Intellectual: is academically prepared for college; is curious about the world; and demonstrates disciplined, imaginative thinking

Emphasis: • *Critical thinking and problem solving* • *Effective oral and written communication* • *Accessing and analyzing information* • *Transferring skills and knowledge to new situations* • *Service learning*

Communal: actively contributes to communities, ranging from local to global, based on the recognition that we are responsible for each other

Emphasis: • *Concern for the poor* • *Social justice* • *Building community amid diversity* • *Community service*

Integral: seeks to become an independent, responsible, and reflective person, supported by the Saint Mary's community

Emphasis: • *Developing discernment and sound moral judgment* • *Developing resiliency*

Lasallian Core Principles

