

What Is the goal for Summer Enrichment?

Our Freshman Summer Enrichment Program provides a range of academic enrichment courses that will engage and challenge incoming freshmen. We believe in creating a series of experiences directed to help each student become more confident in themselves and able to think critically.

- The curriculum is designed to give students an opportunity to explore topics and ideas that they might not have mastered or been exposed to during the academic school year.
- The 2018 summer session begins on Monday, June 18 and ends on Friday, July 13. Classes will not meet on Wednesday, July 4th.

Morning Session: 9:00 am - 12:00 pm

Reading & Writing Workshop

Practice critical reading and writing with a focus on grammar – this is a perfect class designed to hone your Language Arts skills and have more success in the classroom.

June 18 - June 29 ~ Cost: \$270

July 2 - July 13 ~ Cost: \$240

Panther P.A.W.S.

Panther P.A.W.S. (Planning a Well-Balanced Start) provides support and strategies for improving study skills across the curriculum, including note-taking, time management, and best practices for integrating the iPad and other technology in the learning process. Students will practice through hands-on (and minds-on!) activities so that they may adapt these techniques to their own learning styles and put them to use as soon as classes begin in the Fall.

June 18 - June 22 ~ Cost: \$135

Work Smarter, Not Harder: How to Succeed in High School

High School is not just about working hard, it's also about working smart. This course will help you get a leg up on the skills you'll need to do your best in high school while also teaching you how to stay organized and stress free. It's a primer on how to succeed in high school with minimal stress.

June 25 - June 29 ~ Cost: \$135

Summer Bridge Spanish Program

By invitation only

This Spanish course will provide the opportunity to develop and practice key concepts with concentration on the second term material of either the Spanish 1 or Spanish 2 curriculum. More details to be sent in invitation to program.

July 2 - July 13 ~ Cost: \$240

Performance to Mastery Program

By invitation only from the Admissions Office

This four-week program focuses on strengthening, and retaining core mathematics and language arts skills as well as building confidence. This program is designed as a bridge for a more successful transition from middle to high school.

For those students enrolled in the morning *Performance to Mastery Program* there will be a \$50 discount for each of the afternoon sports camps.

Please contact Mr. Moe Ali via email at mali@stmchs.org for the code to apply for the discounts.

June 18 - July 13 ~ Cost: \$430

Afternoon Session: 1:00 pm - 4:00 pm



Freshmen Team-Building (Saint Mary's Class of 2022 ONLY)

Take advantage of this afternoon opportunity to get to know some of your new classmates and begin new friendships. Your afternoons will be filled with sports, arts, local field trips, community service and fun team-building activities.

June 18 - June 22

June 25 - June 29

July 2 - July 6

July 9 - July 13

Cost: \$135/week (includes transportation & activities)

Registration Information For All Summer Programs

Please register early! Classes and camps will close as they fill. **Registration is open now.**

To register now, please submit your registration (paper copies in Saint Mary's Main Office or online) along with a check payable to *Saint Mary's College High School* and send to:

Summer Programs Registration
Saint Mary's College High School
1294 Albina Avenue
Berkeley, CA 94706

To pay with a credit card, please visit our online registration portal at www.smssummer.org or on our website at www.saintmaryschs.org.

Panther Sports Camps For Freshmen

Morning: 9:00 am - 12: 00pm

Afternoon: 1:00 pm - 4:00 pm

\$270 AM & PM (Full Day)

\$135 AM or PM (Half Day)

Students will enjoy a week of learning and practicing the skills related to each of the following sports. Led by members of our Saint Mary's coaching staff, our camps emphasize team-building in a supportive environment. T-Shirt included for each camp!

Programs Offered Mornings AND Afternoons

Basketball

Panther Basketball Camp is designed for those who want to improve their competitive skills, learn in a fun environment, and prepare for the upcoming elementary or high school season. Basic skills and team strategies will be emphasized.

June 25 - June 29

July 9 - July 13

Volleyball

Panther Volleyball Camp is for athletes who are looking to learn the sport as well as develop their current skills. We will focus on fundamental techniques and basic strategies as well as skills for the more advanced player.

June 18 - June 22

July 2 - July 6

Programs Offered Afternoons ONLY

Baseball

Panther Baseball Camp is for young baseball players who want to develop their skills as they learn the nuances of the game. Hitting, pitching, infield and outfield, throwing, base running, sliding, bunting, run-downs, and cut-offs will be taught.

June 25 - June 29

Fitness, Strength & Conditioning

This program is intended as an introduction to sports at Saint Mary's. Each week includes days devoted to general fitness. Students will learn proper strength and conditioning techniques while improving endurance. Training includes stretching, weightlifting, cross-fit training and core work.

June 18 - June 22

June 25 - June 29

July 2 - July 6

July 9 - 13

Flag Football

Panther Football Camp will reinforce the basic skills necessary to do well in middle school and high school football. Student-athletes will practice both offensive and defensive plays and compete in a fun, supportive environment.

June 18 - June 22

Soccer

This camp is intended to help players of all abilities develop athletically, refine fundamental soccer skills and enhance their skillsets in all positions. Daily emphasis will be on fundamental development, team play, and technical skill. Go Panthers!

July 9 - July 13

Cheerleading

Whether your goal is becoming a better dancer, learning how to stunt, perfecting that cartwheel and back handspring or learning to believe in yourself, Saint Mary's can help you accomplish it. Our class is staffed with a top quality instructor committed to helping you achieve your goals. We can't wait to have you join us and see your spirit!

June 18 - June 22

Softball

Panther Softball Camp is for young softball players who want to develop their skills as they learn the fundamentals of the game. Hitting, pitching, infield and outfield, throwing, base running, sliding, bunting, run-downs, and cut-offs will be taught.

July 2 - July 6

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