

TCAL League Championships - 5/15/2014 to 5/17/2014
 Hercules High School
 Results

Event 7 Boys 400 Meter Dash Junior Varsity

Name	Year School	Seed	Prelims
Heat 1 Preliminaries			
1 Lee, Riley	Albany High Scho	55.84	55.59Q
2 Suarez, Rudy	Kennedy High Sch	55.00	57.70q
3 Chen, Sean	Albany High Scho	57.74	58.32q
4 Kelley, Imari	Albany High Scho	57.84	58.80q
5 Godfery, Patrick	St. Mary's High	1:01.10	59.56
6 Creswell, Marlon	DeAnza High Scho	1:01.00	1:02.32
Heat 2 Preliminaries			
1 Ray, Timothy	St. Patrick/St.	58.80	55.17Q
2 Peralta, Bandon	Hercules High Sc	53.56	55.60q
3 Jackson, Jordan	El Cerrito High	56.80	56.82q
4 Haynes, Isaiah	Kennedy High Sch	58.20	56.97q
5 Tuladahr, Jyoti	Albany High Scho	1:02.04	1:04.11
6 Bustos, Cameron	Hercules High Sc	1:01.79	1:04.65

Event 8 Girls 400 Meter Dash Varsity

Name	Year School	Seed	Prelims
Heat 1 Preliminaries			
1 Jackson, Kenady	St. Mary's High	59.45	1:00.27Q
2 Wolfe, Lindsay	Albany High Scho	1:02.58	1:05.96q
3 Zhang, Madeline	Albany High Scho	1:06.14	1:06.55
4 Williams, Mahal	Hercules High Sc	1:04.89	1:08.52
5 Bivens, Tatyana	Hercules High Sc	1:09.12	1:14.27
Heat 2 Preliminaries			
1 Campbell, Zoie	St. Mary's High	57.93	1:00.59Q
2 Gable, Alyssa	St. Joseph Notre	1:03.00	1:04.80q
3 Ventura, Vanessa	Salesian High Sc	1:04.00	1:06.08q
4 Johnson, Sophia	Albany High Scho	1:07.44	1:10.02
5 Goldstein, Ruby	Albany High Scho	1:16.80	1:11.87
6 Hitchcock, Jackie	St. Joseph Notre	1:06.20	1:12.67
Heat 3 Preliminaries			
1 Jenkins, Chloe	St. Mary's High	55.94	1:00.88Q
2 Onwuemeka, lourdes	Hercules High Sc	1:03.12	1:03.80q
3 Thompson, Emily	St. Patrick/St.	1:03.22	1:04.44q
4 Gray, Leah	Hercules High Sc	1:06.42	1:08.64
5 Ekanem, Etiene	Hercules High Sc	1:07.14	1:09.82
6 Mills, Alexandria	DeAnza High Scho	1:11.00	1:13.27

Event 9 Boys 400 Meter Dash Varsity

Name	Year School	Seed	Prelims
Heat 1 Preliminaries			
1 Jackson, Joshua	Hercules High Sc	52.20	51.75q
2 Lucas, Julian	St. Joseph Notre	51.20	51.99q

3	Kettle, Sanjay	St. Mary's High	53.50	52.80q
4	Hampton, Jalen	Salesian High Sc	54.20	53.28q
5	Brenner, Dante	Albany High Scho	55.94	53.71
6	Singh, Deep	Hercules High Sc	53.50	53.82
7	Lawson, Tony	St. Mary's High	54.30	54.19
8	Leon, Aniceto	Salesian High Sc	57.00	59.08
Heat 2 Preliminaries				
1	Bernstine, Jerrick	Hercules High Sc	49.14	50.60q
2	Chambers, Marquis	St. Mary's High		52.21q
3	Ugoh, Uzoma	Hercules High Sc	52.48	52.81q
4	Athanasious, Lachlan	Albany High Scho	52.89	53.01q
5	Sorell, Clifton	Salesian High Sc	53.90	54.39
6	Muccular, Stephan	Salesian High Sc	55.60	56.17
7	patterson, Hunter	Salesian High Sc	55.90	59.30

Event 10 Boys 100 Meter Dash Junior Varsity

Name	Year School	Seed	Prelims	
Heat 1 Preliminaries				
1	Malan, Dieontae	Hercules High Sc	11.70	11.56Q
2	Ray, Timothy	St. Patrick/St.	11.62	11.66q
3	Askey, Ellis	St. Mary's High	12.50	12.62
4	Devlin, Devin	St. Patrick/St.	13.50	12.87
5	Hancock, Angel	Albany High Scho		13.45
6	Corbin, Ray	Hercules High Sc	13.98	13.60
Heat 2 Preliminaries				
1	Jackson, Ernest	Hercules High Sc		11.93Q
2	Freundberg, Elijah	St. Mary's High	12.10	12.01
3	Shrestha, Dikshant	Albany High Scho	11.84	12.02
4	Alping, Bryan	DeAnza High Scho	12.40	12.49
5	Demby, Deon	DeAnza High Scho	12.53	13.19
6	Isom, Greg	St. Patrick/St.	14.10	13.56
Heat 3 Preliminaries				
1	Stern, Robert	DeAnza High Scho	11.70	11.78Q
2	Cannon, Adarious	Kennedy High Sch	11.50	11.88q
3	Scott, Paul	St. Mary's High	12.20	12.16
4	Synder, Nate	St. Mary's High	12.40	12.41
5	Teitelbaum, Charles	Albany High Scho	12.64	12.42
6	Herron, Haile	St. Mary's High	13.20	12.55
7	Ariel, Marcus	St. Mary's High	14.40	14.18
Heat 4 Preliminaries				
1	Harvey, Steve	St. Mary's High	11.80	11.76Q
2	Craft, Marlen	El Cerrito High	11.39	11.83q
3	joyner, Miles	St. Mary's High	11.80	11.96q
4	Sykes-Miller, Darius	Hercules High Sc	12.30	12.04
5	Osajindu, Chuckwuemeka	St. Mary's High	12.20	12.10
6	Guzman, Cohen	Hercules High Sc		12.20
7	Chavez, Diego	Albany High Scho	13.04	12.57
8	Guo, jay	Albany High Scho	12.84	12.86

Event 11 Girls 100 Meter Dash Varsity

Name	Year School	Seed	Prelims	
Heat 1 Preliminaries				
1	Dillard, La Dejah	Kennedy High Sch	12.90	12.94Q

2	Haynes, Precious	Kennedy High Sch	12.90	12.95q
3	Gill, Carolyn	St. Mary's High	13.30	13.15q
4	Alexander, Destanee	Kennedy High Sch	13.30	13.40
5	jennings, Lena	St. Joseph Notre	13.90	13.64
6	Teale, Imani	Hercules High Sc	13.90	13.72
7	Tano, Kalea	Hercules High Sc	14.25	13.83
8	Booker, Sydnea	Hercules High Sc	14.54	14.18
Heat 2 Preliminaries				
1	Miles, Alesia	Kennedy High Sch	12.60	12.53Q
2	N'Uman, Giauna	St. Mary's High	13.20	12.89q
3	Roberts, Zoe	St. Mary's High	12.90	13.19
4	Nnachi, Nenechi	St. Mary's High	13.40	13.62
5	Williams, Lorraine	Kennedy High Sch	13.80	13.91
6	Fonseca, Lorena	Hercules High Sc	13.99	14.03
7	Cook, Kattera	Hercules High Sc	14.23	14.12
Heat 3 Preliminaries				
1	Oilar, Allie	St. Joseph Notre	12.40	12.57Q
2	Teitelbaum, Julia	Albany High Scho	12.94	13.16q
3	Fleming, Arayah	Albany High Scho	13.80	13.23
4	Zhu, Lin	Albany High Scho	13.04	13.38
5	Anderson, Alia	Kennedy High Sch	13.50	13.67
6	Tate, Miyana	Hercules High Sc	14.15	13.85
7	Hahlweg, Avery	St. Joseph Notre	14.12	14.86
8	Rhodes, Ariana	Kennedy High Sch	14.80	15.67
Heat 4 Preliminaries				
1	Robinson, Kayla	El Cerrito High	12.20	12.29Q
2	Hopkins, Me'Kayla	Albany High Scho	12.94	13.20
3	Young, Mia	St. Mary's High	13.00	13.21
4	Vance, Jeneva	Hercules High Sc	13.60	13.70
5	Sims, Vicky	Kennedy High Sch	13.60	13.86
6	Polintan, Victoria	St. Patrick/St.	14.12	14.25
7	Aguilar, Precious	St. Patrick/St.		14.28
8	Barry-Smith, Gillian	St. Mary's High	14.90	15.26

Event 12 Boys 100 Meter Dash Varsity

Name	Year School	Seed	Prelims	
Heat 1 Preliminaries				
1	Mckenzie, Dmaurier	Hercules High Sc	11.31	11.34Q
2	Bustos, Jordan	Hercules High Sc	11.33	11.37q
3	Lopez, Geoffrey	Albany High Scho	11.74	11.42
4	Barchard, Kristian	St. Mary's High	11.66	11.48
5	Mercadel, Aaron	St. Mary's High	11.91	11.87
6	McConico, Troyante	Pinole Valley Hi	11.91	11.91
7	Reina, Jose	Kennedy High Sch	12.10	11.99
8	Phelps, Jeffery	Pinole Valley Hi	12.30	12.95
Heat 2 Preliminaries				
1	Alishlah, Azim	Pinole Valley Hi	11.66	11.31Q
2	Gernert, Phillip	St. Patrick/St.	11.30	11.52
3	Wilson, Dandre	Pinole Valley Hi	11.95	11.81
4	Dyson, Jordan	St. Joseph Notre	11.40	11.94
5	Hayes, Arjean	Pinole Valley Hi	12.30	12.03
Heat 3 Preliminaries				
1	Tauanuu, Austin	Kennedy High Sch	11.20	11.15Q
2	Logwood, Lorenzo	St. Mary's High	11.49	11.34q
3	Donida, Balben	St. Patrick/St.	11.60	11.60

4	Bernal, Tim	Albany High Scho	11.84	11.65
5	Wofford, Cyrus	Albany High Scho	12.30	12.20
5	Carranza, Christian	Kennedy High Sch	11.90	12.20
7	Ramirez, Jose	Pinole Valley Hi		12.64
8	Palmieri, Ryron	Kennedy High Sch	13.00	14.07
Heat 4 Preliminaries				
1	Doss, Jalen	Hercules High Sc	11.13	11.05Q
2	Jackson, Kameron	St. Mary's High	11.88	11.26q
3	Nuss, Samuel	Pinole Valley Hi	12.00	11.35q
4	Davis jr, Quinton	Kennedy High Sch	11.60	11.82
5	White, Nelson	St. Mary's High	12.01	11.84
6	Pierce, Tamarick	St. Mary's High	11.52	11.96
7	Jenkins, Marquise	Pinole Valley Hi	12.40	12.02

Event 13 Boys 800 Meter Run Junior Varsity

Name	Year School	Seed	Prelims	
Heat 1 Preliminaries				
1	Flint, Jared	St. Mary's High	2:14.00	2:09.87Q
2	Magnoli, Andrew	Hercules High Sc	2:11.00	2:15.17q
3	Colby, Lincoln	Albany High Scho	2:23.00	2:18.26q
4	Prasad, Akash	Hercules High Sc	2:33.00	2:19.59
5	Gray, Richard	Albany High Scho	2:20.00	2:21.54
6	Ma, Randall	Albany High Scho	2:34.00	2:30.26
Heat 2 Preliminaries				
1	Cutter, Ryan	Hercules High Sc	2:09.00	2:12.86Q
2	Stewart, krystopher	Hercules High Sc	2:18.00	2:18.17q
3	Nwadike, Uchechi	Hercules High Sc	2:23.00	2:21.07
4	Sahoo, Nikhil	Albany High Scho	2:29.00	2:24.94
5	Silvain, Dejon	Hercules High Sc	2:35.00	2:33.48
Heat 3 Preliminaries				
1	Nguyen, VyVy	Hercules High Sc	2:06.00	2:09.78Q
2	Green, Donye	St. Mary's High	2:15.00	2:17.78q
3	Khan, Faraz	St. Mary's High	2:16.00	2:19.49q
4	Tadesse, Sloan	Hercules High Sc	2:27.00	2:21.82
5	Zheng, Daniel	Albany High Scho	2:25.00	2:28.54
6	Creswell, Marlon	DeAnza High Scho	2:40.00	2:55.28

Event 14 Girls 800 Meter Run Varsity

Name	Year School	Seed	Prelims	
Heat 1 Preliminaries				
1	Becker, Suzanne	Albany High Scho	2:33.00	2:30.24Q
2	Raffel-Smith, Miriam	St. Mary's High	2:41.00	2:40.98q
3	Goldstein, Ruby	Albany High Scho	2:55.00	2:43.84
4	Duarte, Karina	St. Joseph Notre	2:35.00	2:44.22
5	Lompa, Hailey	St. Mary's High	2:50.00	2:50.58
6	Montano, Barbara	St. Mary's High	3:15.00	3:23.05
Heat 2 Preliminaries				
1	Aguila, Veronica	St. Joseph Notre	2:28.00	2:33.04Q
2	Ballman, Alexis	Albany High Scho	2:39.00	2:34.80q
3	Kisch-Gallagher, Taryn	St. Mary's High	2:44.00	2:43.96
4	Rosenthal, Ingrid	Albany High Scho	2:57.00	2:49.30
5	Thompson, Emily	St. Patrick/St.	2:41.00	2:56.23
6	Mariano, Melissa	St. Mary's High	2:50.00	3:00.31

7	Goldman, Lily	Albany High Scho	3:11.00	3:25.21
Heat 3 Preliminaries				
1	Wilson-Perteete, Avi	St. Mary's High	2:19.00	2:28.52Q
2	Marshall, Keira	St. Joseph Notre	2:41.00	2:37.69q
3	Driussi, Annabel	Albany High Scho	2:40.00	2:39.31q
4	Corwin, Ariana	St. Mary's High	2:45.00	2:43.66
5	Hernandez, Isela	Albany High Scho	2:50.00	2:48.38
6	Catalogna, Czarina	Hercules High Sc	2:59.00	2:59.26
7	Isidro, Riana	Hercules High Sc	3:08.00	2:59.36
Heat 4 Preliminaries				
1	Jenkins, Chloe	St. Mary's High	2:14.00	2:30.75Q
2	DeLaTorre, Jacey	Albany High Scho	2:41.00	2:42.67
3	Smale, Josie	St. Mary's High	2:40.00	2:52.04
4	Palioca, Melia	Albany High Scho	3:01.00	2:58.25
5	Nehme, Claudia	St. Mary's High	2:50.00	3:03.24
6	kee, Taylor	St. Mary's High	3:00.00	3:16.11

Event 15 Boys 800 Meter Run Varsity

Name	Year School	Seed	Prelims
Heat 1 Preliminaries			
1	Melendez, Chris	St. Joseph Notre	2:01.00 2:01.53Q
2	Barajas, Jovani	St. Mary's High	1:59.00 2:01.56q
3	Leung, Darren	Albany High Scho	2:08.00 2:07.42q
4	Tian, Haoyi	Albany High Scho	2:12.00 2:13.17
5	Singh, Deep	Hercules High Sc	2:06.00 2:13.84
6	Daly, Cameron	Albany High Scho	2:15.00 2:18.73
7	Edoria, Brandon	St. Patrick/St.	2:25.00 2:21.61
8	Major, Jonathon	St. Patrick/St.	2:45.00 2:40.28
Heat 2 Preliminaries			
1	Seale, kai	Hercules High Sc	1:59.00 2:03.13Q
2	Arias-Sheridan, Gabe	St. Joseph Notre	2:02.00 2:04.19q
3	Murphy, Michael	St. Joseph Notre	2:06.00 2:09.51q
4	Mein, Willie	St. Joseph Notre	2:09.00 2:09.73
5	Williams, Brad	Albany High Scho	2:11.00 2:12.39
6	Buoncristiiani, Nick	Albany High Scho	2:20.18 2:14.11
7	juarez, Karlo	DeAnza High Scho	2:15.00 2:17.31
Heat 3 Preliminaries			
1	Prowes, Antwain	Hercules High Sc	1:52.00 2:07.53Q
2	Tessema, Mickey	St. Mary's High	2:03.00 2:09.22q
3	Murphy, Matthew	St. Joseph Notre	2:06.00 2:11.11
4	Teare, Cooper	St. Joseph Notre	2:09.00 2:13.26
5	Wilkinson, Zach	St. Mary's High	2:09.00 2:16.96
6	Williams, Michael	Albany High Scho	2:15.00 2:21.68
7	Landaverde, Angel	Pinole Valley Hi	2:19.00 2:27.73

Event 16 Boys 300 Meter Hurdles Junior Varsity

Name	Year School	Seed	Finals
Section 1			
1	Jenkins, Damian	Hercules High Sc	42.45 42.10 10
2	Navarro, Rusty	El Cerrito High	44.30 42.31 8

3 joyner, Miles	St. Mary's High	46.30	46.12	6
4 Wofford, Emet	Albany High Scho	46.80	49.81	4
5 Godfery, Patrick	St. Mary's High	48.00	50.56	2
-- Chen, Sean	Albany High Scho	52.34	NT	
-- Israels, Kenji	Albany High Scho	50.70	NT	

Event 17 Boys 300 Meter Hurdles Varsity

Name	Year School	Seed	Prelims
Heat 1 Preliminaries			
1 Robinson, Ja'Vion	St. Mary's High	40.20	42.10Q
2 Smith, Ron	St. Mary's High	40.40	42.32q
3 Godfrey, Liam	St. Mary's High	42.20	46.12q
4 Zhang, Alan	Albany High Scho	46.44	49.81q
5 Bacon, Matthew	St. Joseph Notre	48.04	50.56
Heat 2 Preliminaries			
1 Doss, Jalen	Hercules High Sc	38.31	39.92Q
2 Tauanuu, Austin	Kennedy High Sch	42.00	42.62q
3 Knox, Zeke	St. Mary's High	41.90	43.95q
4 Duarte, Ryan	St. Joseph Notre	47.12	45.26q

Event 19 Boys 200 Meter Dash Junior Varsity

Name	Year School	Seed	Prelims
Heat 1 Preliminaries			
1 Ray, Timothy	St. Patrick/St.	24.10	24.52Q
2 Ward, Devon	DeAnza High Scho	24.90	24.96
3 Stern, Robert	DeAnza High Scho	24.10	25.13
4 Shrestha, Dikshant	Albany High Scho	24.94	25.19
5 Jackson, Jordan	El Cerrito High	25.60	25.42
6 Giri, Subash	Albany High Scho	26.34	25.56
7 Demby, Deon	DeAnza High Scho	25.50	25.79
8 Corbin, Ray	Hercules High Sc	28.76	28.01
Heat 2 Preliminaries			
1 Peralta, Bandon	Hercules High Sc	23.90	24.00Q
2 Nguyen, VyVy	Hercules High Sc	24.35	24.20q
3 Harley, Jalen	El Cerrito High	25.25	24.50
4 Suarez, Rudy	Kennedy High Sch	24.70	24.58
5 Lee, Riley	Albany High Scho	25.04	25.00
6 Osajindu, Chuckwuemeka	St. Mary's High	25.80	25.30
7 Synder, Nate	St. Mary's High	26.20	25.99
8 Herron, Haile	St. Mary's High	26.70	27.30
Heat 3 Preliminaries			
1 Malan, Dieontae	Hercules High Sc	23.80	23.84Q
2 Frendberg, Elijah	St. Mary's High	25.80	24.71
3 Scott, Paul	St. Mary's High	25.10	24.76
4 Haynes, Isaiah	Kennedy High Sch	24.60	25.19
5 Alping, Bryan	DeAnza High Scho	25.22	25.53
6 Teitelbaum, Charles	Albany High Scho	26.74	26.04
7 Chavez, Diego	Albany High Scho	26.14	26.08
Heat 4 Preliminaries			
1 Sedillo, Joseph	DeAnza High Scho	24.50	24.06Q
2 Harvey, Steve	St. Mary's High	24.50	24.13q
3 Craft, Marlen	El Cerrito High	23.80	24.24q
4 Armstrong, Tyrique	DeAnza High Scho	25.10	24.49q

5	Guo, jay	Albany High Scho	25.94	26.66
6	Tuladahr, Jyoti	Albany High Scho	25.94	26.97
7	Hancock, Angel	Albany High Scho	27.54	27.93

Event 20 Girls 200 Meter Dash Varsity

Name	Year School	Seed	Prelims	
Heat 1 Preliminaries				
1	Haynes, Precious	Kennedy High Sch	26.50	26.42Q
2	Hopkins, Me'Kayla	Albany High Scho	27.54	26.88q
3	Gray, Leah	Hercules High Sc	28.52	27.81
4	Ekanem, Etiene	Hercules High Sc	29.45	28.31
5	Sims, Vicky	Kennedy High Sch	28.40	28.73
6	Mills, Alexandria	DeAnza High Scho	26.60	29.24
7	Bivens, Tatyana	Hercules High Sc	30.89	29.81
8	Hahlweg, Avery	St. Joseph Notre	31.97	30.85
Heat 2 Preliminaries				
1	Stitts, Diamond	Kennedy High Sch	26.40	26.75Q
2	N'Uman, Giauna	St. Mary's High	27.10	27.23q
3	Teitelbaum, Julia	Albany High Scho	26.74	27.37q
4	Vance, Jeneva	Hercules High Sc	27.75	28.74
5	Johnson, Sophia	Albany High Scho	28.54	28.86
6	Cook, Kattera	Hercules High Sc	29.73	29.56
7	Fonseca, Lorena	Hercules High Sc	29.03	29.84
Heat 3 Preliminaries				
1	Jackson, Kenady	St. Mary's High	26.30	26.08Q
2	Oilar, Allie	St. Joseph Notre	26.80	27.21q
3	Roberts, Zoe	St. Mary's High	27.00	27.45
4	Fleming, Arayah	Albany High Scho	28.54	27.60
5	Alexander, Destanee	Kennedy High Sch	27.80	28.53
6	Teale, Imani	Hercules High Sc	28.90	29.07
7	Flores, Allyson	El Cerrito High		29.32
8	Polintan, Victoria	St. Patrick/St.	27.90	29.66
Heat 4 Preliminaries				
1	Campbell, Zoie	St. Mary's High	26.10	26.28Q
2	Young, Mia	St. Mary's High	27.00	27.52
3	Zhu, Lin	Albany High Scho	27.87	27.78
4	Dillard, La Dejah	Kennedy High Sch	26.80	27.84
5	Nnachi, Nenechi	St. Mary's High	27.80	28.57
6	Williams, Mahal	Hercules High Sc	28.63	28.71
7	Tate, Miyana	Hercules High Sc	30.08	29.41
8	Anderson, Alia	Kennedy High Sch	28.60	29.75

Event 21 Boys 200 Meter Dash Varsity

Name	Year School	Seed	Prelims	
Heat 1 Preliminaries				
1	Nuss, Samuel	Pinole Valley Hi	23.58	23.12Q
2	Brenner, Dante	Albany High Scho	23.34	23.28q
3	Mckenzie, Dmaurier	Hercules High Sc	23.40	23.34
4	Grace, Roman	St. Mary's High	23.60	23.66
5	Bernal, Tim	Albany High Scho	23.94	23.69
6	Sorell, Clifton	Salesian High Sc	24.00	24.23
7	McConico, Troyante	Pinole Valley Hi	25.22	24.51
8	Wofford, Cyrus	Albany High Scho	25.42	24.85

Heat 2 Preliminaries

1	Chambers, Marquis	St. Mary's High		22.80Q
2	Alishlah, Azim	Pinole Valley Hi	23.58	22.86q
3	Pierce, Tamarick	St. Mary's High	23.40	23.25q
4	Ugoh, Uzoma	Hercules High Sc	23.30	J23.28
5	Wilson, Dandre	Pinole Valley Hi	23.92	23.88
6	Hayes, Arjean	Pinole Valley Hi		25.27
7	Walker, Kahlil	Hercules High Sc	24.09	26.01
8	Leon, Aniceto	Salesian High Sc	25.00	26.44

Heat 3 Preliminaries

1	Bernstine, Jerrick	Hercules High Sc	22.13	22.51Q
2	Barchard, Kristian	St. Mary's High	23.57	23.16q
3	Seale, kai	Hercules High Sc	23.75	23.31
4	Lopez, Geoffrey	Albany High Scho	23.44	23.64
5	Donida, Balben	St. Patrick/St.	24.10	23.75
6	Gernert, Phillip	St. Patrick/St.	24.90	23.78
7	Chen, Bobin	St. Mary's High	23.90	25.09
8	Palmieri, Ryron	Kennedy High Sch	30.00	29.29

Heat 4 Preliminaries

1	Prowes, Antwain	Hercules High Sc	21.80	22.50Q
2	Welch, Trevor	Pinole Valley Hi	23.56	23.56
3	Lawson, Tony	St. Mary's High	23.84	23.83
4	Athanasiou, Lachlan	Albany High Scho	23.44	23.93
5	Muccular, Stephan	Salesian High Sc	24.20	24.13
6	Hampton, Jalen	Salesian High Sc	23.80	24.20
7	Heidelberg, Keyon	Kennedy High Sch	24.60	25.01

Event 22 Boys 3200 Meter Run Junior Varsity

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 Name Year School Seed Finals
 Points
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Section 1

1	Woo, Owen	St. Mary's High	10:30.00	10:28.39	10
2	Cutter, Ryan	Hercules High Sc	10:33.00	11:07.40	8
3	Colby, Lincoln	Albany High Scho	11:44.84	11:33.81	6
4	Zheng, Daniel	Albany High Scho	12:03.35	11:52.41	4
5	Gray, Richard	Albany High Scho	12:08.94	11:53.12	2
6	Bumgartner, Jonah	St. Mary's High	11:00.00	12:08.38	1
7	Ma, Randall	Albany High Scho	12:23.76	12:14.84	
8	Sahoo, Nikhil	Albany High Scho	12:17.15	12:33.55	
9	Wilson, Kaelib	Albany High Scho	12:39.61	12:34.48	
10	Zhang, kevin	Albany High Scho	14:34.74	14:04.41	
11	Zechar, Alex	Albany High Scho	13:20.74	14:06.04	

Event 37 Girls Long Jump Varsity

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 Name Year School Seed Finals
 Points
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Flight 1

1	Mosely, Ma'ane	St. Mary's High	16-10.00	17-08.50
2	Brown, Briahn	St. Mary's High	15-09.00	16-02.50

3	English, Margaret	St. Mary's High	15-10.00	15-10.50
4	Gill, Carolyn	St. Mary's High	14-10.00	15-06.00
5	Buchongo, Garvey	Hercules High Sc	15-10.00	15-03.50
6	Greenwood, Jamaica	St. Mary's High	14-06.00	14-08.00
7	Zhang, Madeline	Albany High Scho	13-09.00	14-05.50
8	Academia, Jessica	St. Joseph Notre		13-09.50
9	Hitchcock, Jackie	St. Joseph Notre		13-01.50
10	Imperial, Bella	St. Mary's High	11-06.00	10-10.00
--	Tate, Miyana	Hercules High Sc	14-00.00	ND
--	Oilar, Allie	St. Joseph Notre	15-00.00	ND
--	Hahlweg, Avery	St. Joseph Notre	12-02.00	ND

Event 38 Boys Long Jump Junior Varsity

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Name	Year School	Seed	Finals
Points			
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1	Devlin, Devin	St. Patrick/St.	17-05.50
2	Shrestha, Dikshant	Albany High Scho	17-08.00 17-00.00
3	Sedillo, Joseph	DeAnza High Scho	17-09.00 16-11.50
4	Sykes-Miller, Darius	Hercules High Sc	16-00.00 16-09.00
4	Armstrong, Tyrique	DeAnza High Scho	16-05.00 J16-09.00
6	Toliver, Jordan	St. Patrick/St.	16-11.00 16-07.00
7	Giri, Subash	Albany High Scho	17-10.00 16-02.00
8	McWilliams, Brandon	St. Mary's High	16-00.00 15-09.50
--	Simons-Rogers, Zach	St. Mary's High	18-00.00 ND

Event 39 Boys Long Jump Varsity

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Name	Year School	Seed	Finals
Points			
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1	Flores, Jose	St. Patrick/St.	21-11.00 22-02.00
2	Terrell, Harold	St. Mary's High	21-00.00 21-10.00
3	Smith, Ron	St. Mary's High	20-00.00 19-08.50
4	Stinson, Malik	St. Mary's High	19-00.00 19-08.00
5	Kettle, Sanjay	St. Mary's High	19-11.00 19-04.50
6	Grace, Roman	St. Mary's High	20-00.00 18-10.50
7	Jackson, Kameron	St. Mary's High	20-11.00 18-10.00
8	Lucas, Julian	St. Joseph Notre	20-00.00 18-01.50
9	Mckenzie, Dmaurier	Hercules High Sc	18-00.00 17-06.00
10	James, Cameron	St. Mary's High	17-06.00 17-04.00
11	Herron, Marcus	St. Mary's High	18-10.00 17-00.00
12	Williams, Arias	St. Mary's High	17-00.00 16-10.00
13	Bacon, Matthew	St. Joseph Notre	17-01.00 15-06.50
--	White, Nelson	St. Mary's High	17-00.00 ND
--	Dyson, Jordan	St. Joseph Notre	18-03.00 ND
--	Jackson, Joshua	Hercules High Sc	19-00.00 ND
--	Phillip, Erik	St. Mary's High	18-05.00 ND

Event 40 Girls Shot Put Varsity

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Name	Year School	Seed	Finals
Points			
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1 Farmer, Tiffany	Hercules High Sc	35-00.00	33-01.00
2 DeLosSantos, Austine	St. Joseph Notre	32-11.00	30-01.00
3 Jones, Nishan	Albany High Scho	28-01.00	29-08.00
4 Shockley, Soraya	St. Mary's High		29-01.75
5 White, Monique	Pinole Valley Hi		29-00.50
6 Schoenberger, Hannah	Albany High Scho	25-03.00	26-02.00
7 Grewal, Preet	Pinole Valley Hi		22-07.00
8 Kobayashi, Yumi	Albany High Scho	19-03.00	20-04.00
9 Reineke, Jyoti	St. Mary's High	20-00.00	20-01.00
10 Morin, Sofia	Pinole Valley Hi		19-05.25
11 Calderon, Leslie	Pinole Valley Hi		18-08.25
12 Machado, Zoe	Albany High Scho	18-09.00	18-03.00
13 Ritchie, Clare	Albany High Scho	16-06.00	16-11.00
14 king, maegan	Pinole Valley Hi		14-05.00
-- Quinones, Marissa	St. Joseph Notre	20-00.00	ND

Event 41 Boys Shot Put Varsity

Name	Year School	Seed	Finals
Points			
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1 Banks, Lamont	St. Joseph Notre	46-10.00	45-02.25
2 Clark, Soloman	Hercules High Sc	46-00.00	45-00.00
3 Schrider, Ben	St. Mary's High	33-00.00	38-04.00
4 Willis, Elijah	Salesian High Sc	37-11.00	35-11.25
5 Yussuf, Temidayo	St. Joseph Notre	34-08.00	35-03.50
6 Matthews, Quaid	St. Patrick/St.	37-07.00	34-04.25
7 Carey, Mark	Salesian High Sc	34-06.00	32-05.00
8 moore, Karl	Salesian High Sc	30-00.00	28-09.00
9 Musante, Brian	St. Joseph Notre	25-00.00	26-03.00
-- Sekona, Peter	St. Mary's High	36-05.00	ND
-- Gantulga, Tului	Albany High Scho	35-00.00	ND
-- Skipwith, Will	St. Mary's High	32-00.00	ND
-- Wu, Herman	Albany High Scho	38-03.00	ND
-- Gilmore, Drew	St. Patrick/St.	26-07.00	ND

Event 42 Boys Shot Put Junior Varsity

Name	Year School	Seed	Finals
Points			
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1 Jimenez-Smith, Lukas	St. Mary's High	31-00.00	42-02.50
2 Gonzales, Gerrado	Hercules High Sc	39-07.00	41-01.50
3 Sykes-Miller, Darius	Hercules High Sc	39-11.00	39-04.00
4 Kinchen, Jovan	St. Mary's High	32-00.00	38-06.25
5 DeAlwis, Deshan	Albany High Scho	35-01.00	35-09.25
6 Virgino, Tyrone	St. Patrick/St.	31-07.00	34-07.00
7 Brynt, Nate	Salesian High Sc	34-06.00	34-05.00
8 Isom, Greg	St. Patrick/St.	26-07.00	34-00.00

9	Manrique, John	Salesian High Sc	33-00.00	33-02.00
10	Shaikh, Affan	Albany High Scho	28-11.00	30-08.25
11	Jessie, Luther	St. Mary's High	30-00.00	30-01.25
12	Hernandez, Franze	Hercules High Sc	33-00.00	29-01.00
13	Kim, Muga	Albany High Scho	31-11.00	28-00.25
--	Glover, Alex	St. Mary's High	32-00.00	ND

Event 46 Girls High Jump Varsity

Points	Name	Year School	Seed	Finals
1	Brown, Briahn	St. Mary's High	5-06.00	5-05.00
2	English, Margaret	St. Mary's High	4-08.00	5-00.00
3	Oilar, Allie	St. Joseph Notre	5-02.00	4-10.00
4	Wolfe, Lindsay	Albany High Scho	4-04.00	4-04.00
5	Hoh, Kimmi	Salesian High Sc	4-04.00	J4-02.00
5	Hamada, Naomi	Albany High Scho	4-02.00	4-02.00
7	Washington, Nia	Hercules High Sc	4-08.00	4-00.00
8	Schoenberger, Hannah	Albany High Scho	4-00.00	3-10.00
9	Academia, Jessica	St. Joseph Notre		3-08.00
--	Imperial, Bella	St. Mary's High	3-06.00	NH
--	Mosely, Ma'ane	St. Mary's High	4-08.00	NH

Event 47 Boys High Jump Junior Varsity

Points	Name	Year School	Seed	Finals
1	Toliver, Jordan	St. Patrick/St.	5-02.00	5-02.00
2	Giri, Subash	Albany High Scho	5-02.00	5-00.00
3	Hu, Nick	Albany High Scho	4-08.00	4-10.00
4	Devlin, Devin	St. Patrick/St.	5-00.00	4-08.00
--	Dyson, Jordan	St. Joseph Notre	5-04.00	NH
--	Simons-Rogers, Zach	St. Mary's High	5-06.00	NH
--	Westbrook, Karl	Hercules High Sc	6-00.00	NH