

Panther Sports Camps

Morning: 9:00 am - 12: 00pm
Afternoon: 1:00 pm - 4:00 pm

\$275 AM & PM (Full Day)

\$175 AM or PM (Half Day)

Students will enjoy a week of learning and practicing the skills related to each of the following sports. Led by members of our Saint Mary's coaching staff, our camps emphasize team-building in a supportive environment.

T-Shirt included for each camp!

Programs Offered Mornings AND Afternoons

Basketball Grades 3 - 9

We are excited to announce the collaboration of the Game Speed Hoops/Ball-A-Mental basketball training/camp program for our Saint Mary's Basketball Camp. With over 10 years of camp experience, they have a wealth of knowledge on the integration of skill development, organization, and communication with players both girls and boys. They have hosted camps with former Warrior Nick Young, as well as other professional players. In addition, the Founder of Game Speed Hoops is Saint Mary's alumni and 2001 State Champion DaShawn Freeman. DaShawn will be directing our camp this summer.

For information on the Game Speed Hoops you can visit www.gamespeedhoops.com or check out their Instagram Page: @gamespeedhoops. See you in the gym!

June 17 - June 21

June 24 - June 28

Volleyball Grades 3 - 9

Panther Volleyball Camp is for athletes who are looking to learn the sport as well as develop their current skills. We will focus on fundamental techniques and basic strategies as well as skills for the more advanced player.

July 1 - July 3

July 8 - July 12

Program Offered Afternoons ONLY

Fitness, Strength & Conditioning Grades 6 - 9

This program is intended as an introduction to sports at Saint Mary's. Each week includes days devoted to general fitness. Students will learn proper strength and conditioning techniques while improving endurance. Training includes stretching, weightlifting, cross-fit training and core work.

In addition, we will explore a variety of sports each week including flag football, spikeball, soccer, baseball, softball, ping pong and more! Everyone is encouraged and welcome to join!

June 17 - June 21

June 24 - June 28

July 1 - July 3

July 8 - July 12



Registration Information For All Summer Programs

Please register early! Classes and camps will close as they fill. **Registration is open now.**

To register now, please submit your registration (paper copies in Saint Mary's Main Office or online) along with a check payable to Saint Mary's College High School and send to:

Summer Programs Registration
Saint Mary's College High School
1294 Albina Avenue
Berkeley, CA 94706

To pay with a credit card, please visit our online registration portal at www.smssummer.org or on our website at www.saintmaryschs.org.